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SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 20, 2018

APRIL SUNRISE/SUNSET: 20 7:01 • 7:54 21 7:00 • 7:55 22 6:59 • 7:55 23 6:58 • 7:56 24 6:57 • 7:56 25 6:56 • 7:57 26 6:55 • 7:57



Lilly Robinson loves surfing the Sanibel waters

photo provided

Sea School Summer Camp Registration Open

Registration for Sanibel Sea School's summer camp programs is open and space is still available for a number of weeks. Camp runs from

June 4 to August 24 at three locations: Sanibel Sea School's Flagship Campus, Sundial Beach Resort and Canterbury School in Fort Myers. There are programs planned for campers ages 4 to 18.

The nonprofit's summer camps offer a chance for participants to learn about marine biology in a fun setting, while

continued on page 6

Earth Day Activities At SCCF

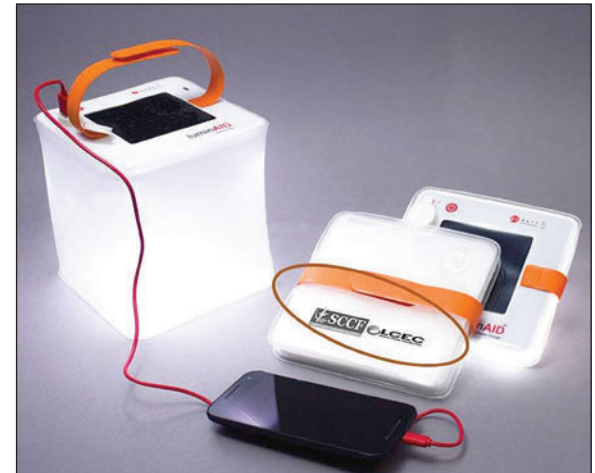
What do Fix-A-Flat, baby wipes and vinegar have in common? They are all useful post-tropical storm supplies. Baby wipes may be your "shower" if water pressure is low. A one-two punch includes having hydrogen peroxide on hand as well. Fix-A-Flat is useful if you are driving through an area where construction debris or roof shingles have been blown around. White vinegar works great to stop mold. Bleach residue has a type of salt that draws moisture in to the area and bleach does not penetrate porous surfaces.

There are other suggestions for lowering post-hurricane blues. Come to the SCCF Nature Center on Sunday, April 22 and learn about DIY innovations that may aid in coping with issues after the storm. Red Anders has become quite inventive in keeping things more comfortable when the power goes out. Some of his projects will be on display.

In addition, Anna Stork will be giving two talks about her experience with LuminAID waterproof solar lanterns which can also be used to charge cell phones. Stork has helped supply light to the Himalayans after the landslides, in African villages where a single light can help improve the welfare of mothers and newborn babies, and in Puerto Rico post-Hurricane Maria. Stork's talks are supported through the Donald Slavic Family Foundation.

Seating for Stork's presentations are limited; register for her 1:30 and 3 p.m. talks using Eventbrite. Tickets are free. When attending SCCF's Earth Day celebration between 1 and 5 p.m., enter a raffle for one of 100 LuminAID lanterns, compliments of LCEC.

The SCCF Nature Center is located at 3333 Sanibel-Captiva Road. For more information, call 472-2329 or visit www.sccf.org.



LuminAID waterproof solar lantern

photo provided



A rock climbing wall and inflatable games will be a part of the fun

photo by Jeff Lysiak

Bigger And Better Seahorse Festival

by Jeff Lysiak

For the first time in the history of the event, The Sanibel School's Seahorse Festival – a fundraiser for the school's Parent Teacher Association (PTA) – will be held at Sanibel

Community Park, located next to The Community House on Periwinkle Way. The family-friendly event, open to the community, will take place from 4 to 7 p.m. on Saturday, May 5.

According to PTA President Kimberly Paulus, several events that had been planned as fundraisers last year had been cancelled or postponed due to Hurricane Irma. "The hurricane really

continued on page 30

Summer Junior Sailing Program At Captiva Island Yacht Club



Preparing to set sail

photo provided

Captiva Island Yacht Club will again be offering a Summer Junior Sailing Program. This year, Session 1 will run from June 11 through June 22 and Session 2 will run from July

16 through July 27.

Both U.S. Sailing Certified programs run for two weeks, Monday through Friday, and are open to ages 8 to 15.

continued on page 10

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The Community House



Secure Shredding will be on site this Saturday from 9 a.m. to noon

photos provided

Community Shredding Day

The Secure Shredding truck will be on site this Saturday, April 21 from 9 a.m. to noon in the north lot across the street from The Community House. Enter at the driveway next to Dunlop Road and exit by the driveway nearest to the Sanibel Bean. Cost is \$5 per box or bag. No large paperclips or binder clips allowed.

Shell Crafters

Shell Crafters offer free instruction in the art of shell craft at 10 a.m. on Mondays. For adults and children (accompanied by an adult).

Spirit Tree Giving

There is a spirit tree at RS Walsh Landscaping and In The Garden that benefits island nonprofits. The olive tree was chosen because it represents love and charity. The Community House and Sanibel Community Association were named the April beneficiary.

All are invited to stop by and add their good thoughts, well-wishes and blessings to the spirit tree. Canvas tags are available in the garden gift shop for \$2 and the entire amount will be donated to a different local charity each month. RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m.

Foodies and Yogis

This specialty program with Dr. Susan Pataky and Chef Jarred Harris will be held on Sunday, April 22 from 4 to 6 p.m. This series starts with a one-hour themed beginner-friendly yoga session led by Dr. Susan Pataky. Following the session, Resident Chef Jarred Harris will prepare and serve a delicious and nutritious meal. The topic for this class is Chocolate and Chakras. Cost is \$49 per person.



A cooking camp for kids will run from July 30 to August 3

Coming Soon

Well-known professional French baker Andre Gratesol will be teaching a series of four progressive baking classes. Sessions will be offered on Thursdays in May. Cost is \$50 per session or \$175 for the series.

On June 30, there will be a Smoke on the Island Hog Roast.

A cooking camp for kids will be offered July 30 to August 3 from 9:30 a.m. to 1 p.m. daily. Cost is \$50 per day per child.

Parent and child (ages 5 to 9) cooking classes will be offered at 10 a.m. on select days.

Watch for more details on these programs.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✱

Top Ten Books On The Island

1. *The Alice Network* by Kate Quinn
2. *The Bricklayer of Albany Park* by Terry John Malik
3. *A Shell of a Problem* by Jennifer Schiff
4. *Little French Bistro* by Nina George

5. *The Stars are Fire* by Anita Shreve
 6. *Shellanguage* by Pam Rambo
 7. *Gift from the Sea* by Anne Morrow Lindbergh
 8. *Accidental PI* by David Watts
 9. *Beach House for Rent* by Mary Alice Monroe
 10. *Always* by Sarah Jio
- Courtesy of MacIntosh Books and Paper.✱



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Sanibel Community Church Youth Ministries H2O group photo provided

Students Plan Summer Missions Trips

Sanibel Community Church Youth Ministries H2O group is going on two separate mission trips this summer with both the middle school and high school students.

Middle school-aged students will travel to Atlanta, Georgia to partner with Atlanta Envision from June 23 to 30. The Envision site is in Clarkston, Georgia in the Metro-Atlanta area. The teens will be working in an area where there are over 700 different people groups represented in the refugee population. Students will be working with these refugees while having an "international experience" only a few hours from home.

From July 21 to 30, high school students will travel to Mission Twenty

Five 35, a ministry located in the Dominican Republic. The students will be a part of Vacation Bible School, baseball games, garbage dump ministry, orphanage outreaches, youth detention center outreaches, eagles opportunities, prayer and hurricane cleanup.

For more information about either of these trips, contact Pastor Kevin at kevin@sanibelchurch.com.

H2O Student Ministries is a youth ministry program for sixth grade through 12th grade young men and women. The group meets on Wednesday evenings from 5 to 7 p.m. for middle school students and 6 to 8 p.m. for high school students, and on Sunday mornings from 11 a.m. to noon in the youth center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation located at 1740 Periwinkle Way (next to Jerry's Market).✱

Captiva Island Historical Society

Looking Back: Ina Watson



Ina Watson's campsite photo courtesy Captiva Island Historical Society Archives

This week's image features Ina Watson's campsite on Chadwick's South Seas Plantation, circa 1935, with alligators in front as "watch dogs." The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for more information.

Visit the Captiva Island Historical Society website www.captivaishistoricalociety.org/archives/research to view many more images to bring you closer to Captiva.✱

Math Is Fun For Preschoolers

Five-year-olds Nathan Ames and Henry Kauffold learned early math skills by playing a game with dice and blocks at Summit Christian Preschool at Sanibel Community Church, located at 1740 Periwinkle Way. Registration for next year is currently open. To schedule a tour of the school or for more information, call Andy at 482-7007.✱



Nathan Ames and Henry Kauffold photo provided

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Frangipani Cottage by Gloria Krekel

images provided

Community House Hosting Art League Exhibit

Sanibel Captiva Art League members David Bollinger, Gloria Krekel and Jan Rutledge are exhibiting their works during the month of April at The Community House, located at 2173 Periwinkle Way. The public is invited to view their paintings Monday through Friday from 9 a.m. to 3 p.m.

For more information about Sanibel Captiva Art League membership, weekly plein air outings and other activities, visit www.sancapart.com.✱



Shrimp Boats by Jan Rutledge



Supply House, historic district by David Bollinger

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OBITUARY



WESLEY HARRELL FAY

Wesley Harrell Fay, born on March 29, 1965 in Atlanta, Georgia to Lamar and Ellene Harrell, passed away surrounded by friends and family on April 11, 2018.

Wesley grew up the youngest of four siblings in Shelby, North Carolina. She attended St. Mary's School in Raleigh and the University of North Carolina in Chapel Hill. She belonged to Chi Omega women's fraternity. She studied accounting and became a Certified Public Accountant in 1988.

Wesley was a talent in horseback

riding, swimming and diving, snow skiing and water skiing, painting and so much more. She found new forever friends at every stage of her life – at school, tennis, bookclubs, parties and anywhere else she went.

Wesley married the love of her life, James Lester Fay, Jr. of Columbus, Georgia, at her home in Shelby on June 4, 1988. Together they raised three beautiful girls, Elise McGehee, Porter de Launay "Laney," and Hannah Alston. In 2003, the Fay Family moved to Sanibel Island, Florida where Wesley and her family spent time playing tennis, boating and watching sunsets.

Wesley enjoyed endless hours coaching, teaching, and cheering on her daughters in sports, choirs, art, performances and academic accomplishments. Her favorite place was Useppa Island, where the Fay Family spent countless weekends and holidays. Wesley turned every house into a home and haven through her decorating and landscaping. She filled those havens with art, color, flowers, puppies, music and love. Wesley was bright, funny, quick-witted, so strong and so kind. To know her was truly to love her.

She is survived by her husband, Jimmy, her daughter Elise (New York, New York), her daughter Laney (Nashville, Tennessee), her daughter Hannah (Sanibel), her sister Tracy Hallett and her family (HK, HK, Wilson and Campbell) (Charlotte, North Carolina), her brother, Lamar "Mister" Harrell, and his family (Ella and Logan) (Indian Harbor Beach, Florida), her sister Kelly Bell and her family (Edwin, Win, Nathan and Olivia)

(Albany, Georgia), her mother Ellene Harrell (Sanibel), and hundreds of other loving friends and family members, near and far. She was predeceased by her father, W. Lamar Harrell, Jr.

Services celebrating Wesley's wonderful life were held on April 14 at St. Michaels and All Angels Episcopal Church on Sanibel and on April 17 at Trinity Episcopal Church in Columbus. In lieu of flowers, please plant some in your garden, or consider making a donation to Moffitt Cancer Center.✱

American Legion Post 123

American Legion Post 123 is having a barbecue from noon to 8 p.m. this Sunday, April 22. The following Sunday, April 29, a meatloaf dinner is on the menu from 1 to 8 p.m.

There will be a Cinco de Mayo Mexican Fiesta on Saturday and Sunday, May 5 and 6 from noon to 8 p.m.

The 10th annual Redneck O'lympics is scheduled for Sunday, May 27. Stay tuned for details.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from



11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✱

From page 1

Summer Camp

also practicing waterman skills, making art and spending time with friends.

"Favorite camp activities include surfing, snorkeling, crafts and any sort of dissection," said Nicole Finnicum, camp coordinator. "We have a surfing competition at the end of each week, which campers always look forward to, and we also take so many great field trips to explore the ocean," she added.

Currently, there is space available in Pea-Sized Pufferfish Week, a program specifically for 4- to 6-year-olds, a coral reef expedition to the Florida Keys for 11- to 12-year-olds, an expedition to Belize for teens ages 15 to 18, as well as a variety of camps for 6- to 13-year-olds, each with its own ocean-related theme.

For details and registration information, visit www.sanibelseaschool.org or call 472-8585. Scholarships are available upon request. Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean's future, one person at a time.✱

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Preschooler solving a math problem
photos provided

Preschoolers Welcome Spring

Students at Sanibel Christian Preschool had a chance to incorporate the second week of spring into their daily lessons. The VPK 4-year-olds class counted colorful plastic bugs as part of their math lessons, while the 3-year-olds learned about – and drew



Student and Miss Plummer

– what they might see during spring.

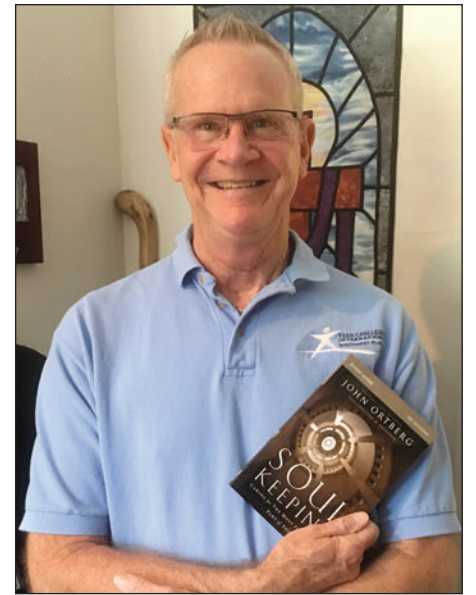
Sanibel Christian Preschool is open to students of all backgrounds and offers scholarship opportunities as well as small class sizes. Contact Director Ana Abella at 472-0497 or visit www.sanibelucc.org/preschool for more information about entering 2-, 3- or 4-year-olds into the program at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. ✨

Soul Food Gathering At Sanibel Church

What is the human soul? What does the Bible mean when it says that God created us as “a living soul?” John Ortberg wrestles with the deepest questions of human existence and identity in his new book, *Soul Keeping: Caring For the Most Important Part of You*.

On Wednesday, April 25 at 6 p.m., Dr. Daryl Donovan, senior pastor of Sanibel Community Church, will lead a book discussion around this important issue of life. Participants are encouraged to bring a bit of “soul food” to the feast at 6 p.m., bringing their favorite dish to prepare and serve, and to have read Ortberg’s book. Have your questions and comments ready. All are welcome.

The gathering will be held in the Fellowship Hall at Sanibel Community Church. There is no need to pre-register; just bring your dish and book.



Dr. Daryl Donovan photo provided

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com. ✨

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Vasum caestus photo by José H. Leal

Success Of Eco Tour Prompts Return Trip

The Bailey-Matthews National Shell Museum launched its first Eco Tour earlier this year. The tour included exploring several land and marine environments within the beautiful country of Costa Rica.

The 12 participants were guided by world-renowned malacologist José H. Leal, PhD, museum curator, and aided by Leigh Gay, museum outreach coordinator, and local guide Erick Guzman of Holbrook Travel. “The guides were very knowledgeable, enthusiastic and dedicated to giving us the best possible experience throughout our trip,” said participant Kim from Florida.

Among the many memorable stops were the Marino Ballena National Park in the Uvita area and Caño Island on the southwestern-most part of the Pacific coast. The tour included a variety of experiences from learning about new mollusks to visiting hanging bridges to swimming in beautiful warm waters.

“Our first international Eco Tour took us on an immersive natural-history experience in one of the most remarkable tropical regions of the world,” said Dr. Leal. “In addition to seeing a wide



Howler photo by José H. Leal



Toucan photo by José H. Leal

array of wildlife in some of the more traditional terrestrial environments, such as the Monteverde Cloud Forest, we also explored some of the Pacific coast in the southern part of the country, and spent a day snorkeling at offshore Caño Island. We had a chance to see many local mollusks and have discussions and show-and-tell on the go. It’s great to see the National Shell Museum expanding its educational experiences to include the rich marine ecosystems of the eastern Pacific Ocean.”

Due to the success of this inaugural trip, the museum is planning a return trip to Costa Rica in December of 2018. “In the upcoming trip, we will be spending a couple of days in the area of the Arenal Volcano, with the remainder of the adventure dedicated to exploring the central and southern Pacific coasts of



Caño Island photo by Leah Gay



Crocodile photo by José H. Leal

Costa Rica,” said Dr. Leal. “One of the super interesting angles I like to approach when discussing the tropical eastern Pacific mollusks and their shells is their relationship to well-known Southwest Florida and Caribbean counterparts. There are many ‘species-pairs,’ one member of the pair from the Pacific, another from the Atlantic. These ‘pairs’ originated from common ancestors that thrived prior to the rising of the Isthmus of Panama. The many opportunities for exploration and ensuing science-oriented discussions make the museum trips truly unique.”

Gay has just finalized the museum’s

itinerary for the December Eco Tour and says participants can expect even more exciting learnings along the shore. “Our first trip to Costa Rica was an eye-opening experience. From day one until the last night, we were immersed in culture and nature. We covered it all; shelling, snorkeling, whale-watching, birdwatching, hiking and eating. Our hotels had breathtaking views of volcanoes, rainforests and the vast Pacific Ocean, and I can’t wait to go back!”

For more information, visit www.shellmuseum.org/eco-tours or contact Leigh Gay at lgay@shellmuseum.org.*

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BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

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The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.org.

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Terry Jacob and Lois Codair, two of the event organizers
photos provided



Gayle Pence was honored for
15 years of service

Historical Village Thanks Volunteers At Luncheon

The Sanibel Historical Museum and Village held a luncheon recently to thank its volunteers for all they do to help the museum. More than 70 volunteers attended the event held at The Dunes.

"The village could not function without our family of volunteers," said Executive Director Emilie Alfino. "They are highly skilled and informed about the island's history, and they get scores of compliments from our guests. We are very lucky to have such wonderful people involved in our village."

Volunteers celebrating anniversaries were recognized, as were new volunteers.

New volunteers included Mary Bondurant, Ginny Darby, Annette Hendrick, Kay McDonald, Jaye Nagle, Susan Nickson, Barbara Renneke, Jeanne Shumway, Bart Smith, Rachel Stewart, Frankie Tozzi and Keith Trowbridge.

Celebrating five years of service were Mike DiCorpo, Martha Dilger, Carol Gertsen, Clivie Goodwin, Sally Kennedy, Edina Lessack, Patty Moore, Donna Oberhill, Ellen O'Neill, Kathy Price and Nancy Siegel.

Celebrating 10 years of service were Judy Addison, Dorothy Donaldson, Sally Duffy, Nanette Laurion, Kitty Moore and Blair Wyatt.

Celebrating 15 years of service was Gayle Pence.

A large committee of volunteers organized and planned the event, including chair Terry Jacob and Lois Codair, the member in charge of decorating.

The historical village is currently open from 10 a.m. to 4 p.m. Tuesdays through Saturdays. Beginning in May, the village switches to summer hours, 10 a.m. to 1 p.m. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults 18 and older; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings.

For more information, call 472-4648 during business hours or visit www.sanibelmuseum.org.

Artist At Work



Isla Mendez

photo provided

Isla Mendez worked on an art project to improve her fine motor skills recently at Summit Christian Preschool at Sanibel Community Church. Creative projects offer the children a fun learning environment. Registration for the 2018-19 preschool class is now open.

To register your child or to schedule a tour of the school located on the campus of Sanibel Community Church at 1740 Periwinkle Way, call Andy at 482-7007.

From page 1

Sailing Program

This is a great opportunity for family and friends to learn the skills and discipline of small boat sailing.

The generosity of Captiva Island Yacht Club members has helped up to seven kids each summer to attend these junior sailing programs. The cost is \$500 per two-week session. Contact Lauren Davies at 472-4133 ext. 4 to sign up for one or both sessions. Visit www.captivaiyc.net/activities/sailing to download the registration and waiver forms.



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BREAKFAST LUNCH DINNER



From left, Owen Russell, Chef Jarred Harris and Audrey Mulka photos provided

International Food Adventures

April's food adventure for young chefs at the Culinary Education Center at The Community House was Mexican cuisine. They prepared a

complete meal of enchiladas, guacamole, salsa, homemade tortillas and Mexican wedding cookies. On May 7, they will create food from Thailand, including summer rolls, Thai chicken salad, pineapple and coconut fudge. Sixteen home chefs gathered to create a gourmet meal at the first of



Don Mauer and Judy Mauer making lemon butter sauce



From left, Sophia Schroy, Marit Foster and Pierce Farhat



Lily Brennan and Molly Dunn

many couples cooking evenings at The Community House. The selection of recipes to prepare by Resident Chef Jarred Harris and visiting Chef Loretta Paganini scored an "outstanding" from all. The menu consisted of a get-to-know-each other frittata appetizer with wine. After instructions and recipes, the couples each tackled one of the menu items

and the results were superb. The menu included heirloom tomato, beet and micro greens (from The Community House garden) with goat cheese vinaigrette, lobster ravioli with lemon butter sauce and Wagyu teres major medallions. For dessert, a refreshing passion fruit crème brulee rounded out the evening.✱



Merit Foster and Sophia Schroy



Andrea Mulka and Lyruc Dipinski

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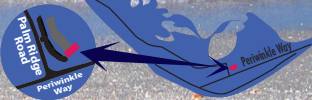
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Native Carolina geranium commonly pops up in sunny spots photos by Gerri Reaves

Plant Smart
Carolina Geranium

by Gerri Reaves

Carolina geranium (*Geranium carolinianum*) is a low-growing native wildflower found virtually throughout Florida. It grows in sunny spots in fields, woods and disturbed area and along roadsides, sometimes in large colonies. This leafy herb, the only member of

the geranium family native to the state, often volunteers in yards and is typically regarded as a weed. However, the pretty flowers and lack of required maintenance might make you reconsider not ripping it out or dousing it with herbicide. It can grow as tall as two feet, but usually reaches only about a foot. Because the inch-long tubular beaked capsule resembles a crane's head, it inspires additional common names, crane's bill and Carolina cranesbill. The word *Geranium* is derived for the Greek word for crane.



The long "beaked" seed capsule's resemblance to a crane's head inspires the common names crane's bill and Carolina cranesbill

The plant is also called wild geranium. The capsule eventually ripens, turns brown and splits to reveal small seeds, which songbirds and small mammals consume. The pale pink, white, or lavender flowers appear nearly all year long. Measuring only about half an inch across, they usually bloom at the stem ends. They have five notched petals and spine-tipped sepals below the flowers. The leaves and bracts are hairy, or pubescent, and the leaves have an overall round shape but are deeply divided into five lobes. Because the lobes are further divided into lobes with toothed edges, the leaves have a fringed appearance. This wildflower is high in tannins and is used medicinally to treat sore throats and diarrhea. Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Wildflowers of Florida Field Guide* by Jaret C. Daniels and Stan Tekiela, and www.eattheweeds.com. *Plant Smart explores the diverse flora of South Florida.*✽

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Struggling For That Snook



by Capt.
Matt Mitchell

Great tides and great bait don't always mean great fishing. This week proved to be a struggle when fishing for snook and redfish. Even though I did catch some of each,

the bite was just never on fire and every single fish we caught took work. The best action continues to be our big trout fishing that has been outstanding with lots of fish over the 20-inch mark. Tarpon fishing was beat up a little by more strong winds. Anglers who were willing to put the time in soaking cut baits continue to hook them in the southern sound. Along with tarpon, more sharks are starting to show up along with Spanish mackerel, ladyfish and jacks of spring.

This week, I had the pleasure of fishing with one of my favorite groups (Diageo and ABC Liquors) during their three-night stay on Captiva. These clients have done this annual business strategy meeting and fishing tournament for the last 10 years.

This year was no different with five boats booked for two days. They only want to fish for snook with the big snook each day being the winner. Day one of snook fishing was tough with big high pressure on us. We did manage to catch four slot-sized fish on the five boats.

Day one, after running all over the sound to the places I had seen snook laid up all week, we had very little success by only catching a variety of other species until the last hour of the tournament. As the tide got up higher during late morning, I made the run to a favorite oyster bar looking to catch one good fish. First cast on the oyster bar with the bait in the water for less than 10 seconds, we hooked up on a nice 29-inch snook and landed it. We continued fishing the other oyster bars in the same area and managed to land a monster 24-inch trout before time ran out on us. My friend Capt. Travis won day one with a snook that measured 31.5 inches.

Day two, I had a different game plan by planning to run north and sight-fish some snook on the bayside of Cayo Costa in the clear water. Idling down a favorite shoreline, I located lots of larger snook but could just not get them to eat even a live chum. After a couple more frustrating hours working down this shoreline without even a bite, I made the run back to the south to fish an island by rocky channel in the northeastern sound now that the tide



Alex from ABC Fine Wine & Spirits with a 29-inch redfish caught while fishing with Capt. Matt Mitchell photo provided

was finally high enough to reach it. Idling around this mangrove island, we noticed every sand pothole had snook laid in it. Setting up way out and making long casts, we had snook blowing up on live shiners, and it looked like it was going to happen. On the second or third cast, we finally did catch our first small snook of the day, and then it just quit.

Motoring around to the next deeper shoreline, I spotted about 20 oversized redfish laid up under the mangroves along with a half dozen big snook out in the deeper sand hole. After throwing baits to these snook without a bite, we did hook three big redfish and landed one 29 inches before time ran out on us. Day 2 proved tough for all the captains with the largest snook caught only measuring 26 inches.

The day two winner was caught by Capt. Jason Marsh who operates my second boat. After probing Jason a little bit, he gave up the fact that after

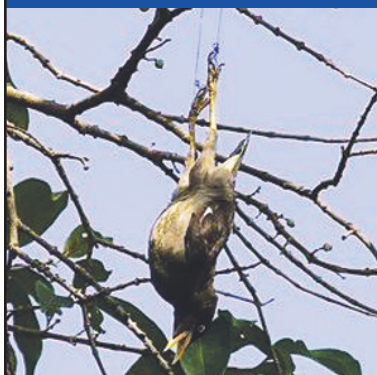
struggling all morning with snook fishing, he went back to our home marina in St. James city and caught one of our pet snook we feed everyday right in my boat slip for the win. If my morning wasn't frustrating enough to have the winning fish be one of your pets, it was worse yet because I didn't think of it first. All in all, it as a great two days spent on the water with very generous clients that have become my friends over the past 10 years. Add in some friendly competition amongst fishing guides and I can't wait until next year when I hopefully get to redeem myself.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ⚡

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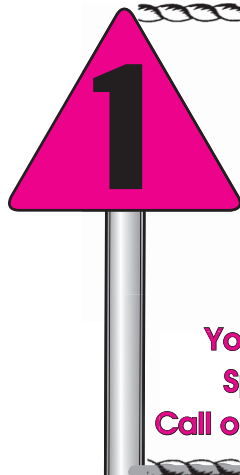


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Dave Doane

CROW Case Of The Week:

Common Loon



by Bob Petcher

The common loon (*Gavia immer*) is a long-bodied water bird whose biggest distinction from its cousins – Pacific loon and red-throated loon – is its head color in the summer months.

From April to September, the so-called great northern diver has a black head and bill to go along with their black-and-white spotted back and white breast.

Common loons are best known to be songbirds of freshwater lakes in the northern wilderness. One can usually hear them on a calm night with only the buzz of insects providing background noise. The loon's eerie call can echo across the water and awaken any tranquil moment.

Interestingly, the common loon is a great underwater swimmer. Its solid bones cause them to be less buoyant, unlike other birds. Its quick descent is courtesy of an ability to blow air out of its lungs and flatten its feathers to remove air within its plumage. The loon's heart actually slows down to conserve oxygen.

At CROW, an adult common loon was admitted after being found floating onto Bunche Beach in Fort Myers. Reports said the finder noted that the bird had

"signs of injury under its wing," and clinic medical officials noticed the patient had two linear wounds in the left inguinal area that were crusted over and covered in a white scabby material during the initial exam. The loon also has a small laceration on its right hock and a scab on the medial aspect.

"The loon came in with old looking, scabbed-over injuries. They extended into the muscle layer. When they were cleaned and dead skin removed, the underlying tissue was healthy," said Dr. Malka Spektor, CROW veterinary intern. "There were two wounds at the inner thigh, one next to the other, in a line. The other wound was on the back side of the same leg, and it was the same size as the other two, in the same linear configuration."

X-rays did not indicate any fractures. The loon may have suffered an attack from a predator.

"A possible cause is a bite wound, with each wound being a tooth mark, since they are on the upper and underside of the leg," said Dr. Spektor. "It could also be wounds from rocks or shells when the loon beached itself, however we cannot be one hundred percent certain of the cause."

The patient was provided pain medication and the wounds at the left inguinal area were cleaned surgically down to healthy tissue and sutured closed. The right hock was flushed and honey banded.

"The honey was used the first day as an antimicrobial dressing on the wounds while the patient was too unstable to anesthetize for full wound care," said Dr.



Patient #18-0985 has been moved outdoors so that it can build up strength

photo by Brian Bohlman

Spektor. "Once the loon stabilized, we were able to anesthetize it, and clean, debride and suture the wounds closed."

After a week of care and healing at the clinic, the patient was ready to begin rehabilitation in anticipation of a release. All signs look good for a return to the wild.

"The injuries are looking good, and should mostly heal within a week or two," said Dr. Spektor. "The loon was moved outside on Friday to be able to build up strength in the water. When the patient

is moving around well, the wounds have mostly healed, and it has put on some weight, it will be time for release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*



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Shell Of The Week

Northern Quahog



by José H. Leal,
PhD, Bailey-
Matthews National
Shell Museum
Science Director
and Curator

The Northern
Quahog,
Mercenaria
mercenaria
(Linnaeus, 1758),
measures up to

120 mm (about five inches). Its shell is trigonal to rounded, with commarginal ("concentric") ridges on the outer surface. It differs from its closest relative (and local native species), the Southern Quahog, *Mercenaria campechiensis*, by smaller maximum size, lack of commarginal ridges on central part of the external shell surface and, most of all, by the violet-color tinges on the internal surface of its valves (absent in the Southern Quahog). Originally from the Eastern Seaboard of the US, the Northern Quahog has been introduced to the bays and protected waters of Southwest Florida originally via scientific experiments and the seafood aquaculture industry: the species was chosen over the native Southern Quahog because of the very short shelf life in this latter species. Both species can be found in the local areas invaded by the Northern Quahog, and hybrids are not uncommon. Learn more about local mollusks and their shells at <https://shellmuseum.org/>



The Northern Quahog, *Mercenaria mercenaria*, from the area between the Sanibel Causeway and Bunche Beach

photo by José H. Leal

shells/southwest-florida-shells and www.shellmuseum.org/blog.

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The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Ribbon Cutting For New Bike Path Rest Area

On Saturday, April 21 at 10:30 a.m., the Sanibel Bicycle Club (SBC) and the City of Sanibel will be conducting a brief ceremony to "cut the ribbon" on Sanibel's newest path rest area at Casa Ybel Road and Middle Gulf Drive. This ceremony will be attended by bike club members and city officials, and is open to the public.

This project was initiated by SBC after the family and friends of the late Dale Armstrong, a SBC founding member and past president, made a generous donation to SBC's Trails In Motion Fund to underwrite the project. The club partnered with the City of Sanibel, which made the land available for the facility. This project represents another example of SBC working with the city in a "public/private partnership" to benefit the Sanibel Shared Use Path.

Parking at the location will be limited, so everyone who can is encouraged to bike or walk to the rest area. City bike racks will be placed at the location, as well as chairs and shade cover for those who need it. There will be some limited space for car parking along Peachtree Road across Casa Ybel Road.✱

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Though they may sometimes be found on island beaches, gopher tortoises are solely terrestrial animals and cannot survive in the water photos by Jeff Lysiak

Beach Finds Subject Of Shell Museum Lecture

by Jeff Lysiak

At last week's Mollusk Matinee presentation at the Bailey-Matthews National Shell Museum, marine biologist Rebecca Mensch delivered an hour-long lecture on things visitors and residents frequently find along the shoreline of Sanibel and Captiva, including some things that don't belong there at all.

Entitled Beach ID: Common Sanibel Beach Finds (Other Than Shells), Mensch's presentation included some of the unusual looking animals and vegetation spotted on local shores, from everyday finds to rare discoveries.

Seaweed, technically, is not a plant. It is an algae that conducts photosynthesis through its tissues. Locally, the most common seaweeds are graceful redweed, which quickly bleaches from red to pink to white to translucent after washing up on the beach, and pelagic sargassum which – due to being filled with tiny air bladders – Mensch referred to as “nature's bubblewrap.”

Other vegetation frequently seen on beaches include seagrasses (i.e. turtle grass, manatee grass) and mangrove propagules. Mensch explained that red mangrove propagules drop off the parent tree, and may float in the water for up to a year before taking root.

Several varieties of egg cases – including whelk, fig, tulip and apple murex – are often discovered by passersby on the beach. “The apple murex egg case actually looks like a giant Rice Krispies treat,” Mensch explained. “But if you see a Rice Krispies treat on the beach, don't eat it!”

Although they can be found on local beaches, coral is a relatively rare discovery. Unlike their more colorful cousins found in waters far away from Southwest Florida, local corals are usually white. “Weeks will go by and I won't find any corals on the beach,” said Mensch. “But some days, I might find five.”

Another odd discovery people often see on the sand are pig parts, including hooves, nails and knuckles. They come from fishermen who bait crab traps with sectioned parts of a pig carcass; subsequently, fragmented remains are carried in



Rebecca Mensch speaking at last week's Mollusk Matinee

with the tides and wash ashore. They are an unusual find, but not beyond reason.

Mensch's presentation also included information about identifying echinoderms (sea stars), sea squirts (sandy skinned tunicates), sea pork and three species of batfish. The latter marine creature uses its pectoral fins to walk on land.

Although gopher tortoises may sometimes be found on island beaches, they are solely terrestrial animals and cannot survive in the water. A keystone species that helps provide shelter for up to 350 other animals – including snakes, rodents, rabbits, insects and other reptiles – gopher tortoise burrows average 15 feet long and 6.5 feet deep.

Lucky beachgoers may also see one of a number of varieties of sea turtles on Sanibel and Captiva. Loggerheads are the most common sea turtles to visit here, but sometimes green and Kemp's ridley sea turtles can be seen onshore, typically during nesting season which runs from April 15 through October 31.

If you see a sea turtle on the beach, please observe it from a respectful distance and don't use a flash or artificial lighting when photographing them. All sea turtles are protected by Florida law, with one in every 1,000 hatchlings surviving to adulthood.

For an upcoming schedule of daily presentations and special activities, free with paid admission, visit the Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road. For additional information, call 395-2233 or visit www.shellmuseum.org.



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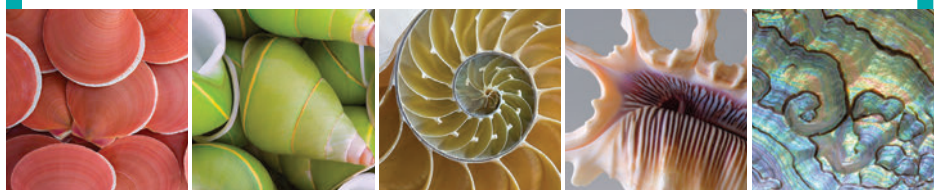


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Maureen Ginipro with her first prize piece *Artichoke*

photos provided



Joshua Horkey and his piece *LARD*, with Phil Olsson



Africa Valdez with her piece *World's Mind*



Peter Zell with his second prize piece *Hors d'oeuvres*



Jaye Boswell with her third prize piece *Healthy Harvest*



Annie Wainwright with her piece *Temptation*



Photos by José H. Leal

The BAILEY-MATTHEWS NATIONAL SHELL MUSEUM

Shells of Southwest Florida

Museum Accepting Shell Donations

Too many shells at home? The Bailey-Matthews National Shell Museum can put them to good use. The museum is currently accepting

empty, unaltered, local Southwest Florida shell donations to support its educational platforms and family shell craft programming. All shell species are needed, especially horse conchs for the museum's school kits.

If you are able to help, contact the Bailey-Matthews National Shell Museum at 395-2233 or info@shellmuseum.org.✱

photo provided

City Of Sanibel Vegetation Committee

Planting Native Can Reduce Your Water Bill

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour is on Wednesday, April 11. The guided tours begin at 10 a.m.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road, at the bottom of the main staircase. For more information, contact the Natural Resources Department at san.dnr@mysanibel.com or by phone at 472-3700.

The next tour date is Saturday, April 28.

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.✱



There are easier ways to reduce your water bill
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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, April 20, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, April 20, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, April 20, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, April 20, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Climate Change: Effects on Economics, Health and the Natural World We Love (daily presentation).

Evidence of climate change is all around us, from the record hurricane season of 2017, to the wildfires and droughts in the western U.S., to a melting Arctic. In this presentation, staff will discuss impacts on the economy and health, as well as what is happening in the natural world to plants and animals. Learn about renewable energy gains and how you can contribute to a healthier and more sustainable world.

Saturday, April 21, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them. Juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, April 21, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3



and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, April 23, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, April 23, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a “keystone species.”

CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, April 23, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, April 24, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, April 24, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles:

Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Tuesday, April 24, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Wednesday, April 25, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, April 25, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, April 25, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, April 25, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Thursday, April 26, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13.

Photography opportunity following the tour with an animal ambassador.

Thursday, April 26, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Species Profile: American Alligators (daily presentation).

The American alligator is a large aquatic reptile and is one of two crocodilians native to Florida. Although it is hard to believe, this species was once on the road to extinction. With the help of conservation efforts over the last few decades, alligators have made a drastic comeback. This program discusses how this iconic species contributes to the overall health of Florida's ecosystems and economy. One of CROW's animal ambassadors will be present.

Thursday, April 26, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, April 26, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.*

Public Meetings On Bailey Tract Restoration

Due to the high level of public interest, the JN “Ding” Darling National Wildlife Refuge will be holding three additional public meetings about the hydrologic restoration project at the Bailey Tract.

Plans for this project involve filling the Ani Pond, reconnecting wetland habitat, and other hydrologic enhancements for the benefit of endemic, state-threatened Sanibel Island rice rat, secretive marsh birds and other species dependent on spartina marsh habitats.

The meetings will be held at the “Ding” Darling Visitor & Education Center at the following dates and times:

Friday, April 20 at 10 a.m. and 2 p.m.

Monday, April 23 at 6 p.m.

The meetings will begin with a presentation, followed by an opportunity for public comment. For more information, contact Nate Caswell, deputy refuge manager, at 472-1100 ext. 225.*

Family-Friendly Paddling

by Ocean Tribe Paddlers



One of the best things about paddling is that it can be enjoyed by and adapted for people of all ages.

With a small amount of planning and preparation, a day of kayaking or stand up paddleboarding becomes a fun and kid-friendly family activity. Our advice is to make sure there is plenty of supervision and support from capable adults, and to start slow, easing young paddlers into the sport gradually as they hone their skills.

Ideally, there should be one experienced paddler per child present on an initial family outing. Two-person kayaks or canoes are good options for providing easy instruction and assistance – if you don't own them, consider renting vessels for your first trip with the kids. It is also possible for smaller, well-behaved children to sit atop a stand up paddleboard with an accompanying adult. Choose a calm, protected paddling location that you are very familiar with, and keep the route

short. There will be plenty of time for longer adventures in the future.

During the paddle, be enthusiastic, teach patiently and take your time. We love to stop and observe wildlife along the way, or even practice entering and exiting our vessels while enjoying a swim.

Before you go, talk about the trip as a family and get excited. Also make sure that each paddler has a properly-fitting U.S. Coast Guard-approved PFD (personal flotation device) to wear. Local outfitters can often make recommendations and help you purchase properly-sized gear for kids, including paddles. Pack the usual safety gear, adding extra lines for towing and/or rescue. Prepare for the weather forecast, which in Southwest Florida often means sunscreen, hats, sunglasses and covering up with UV-protective clothing. Water and snacks are also essential.

Most importantly, if your young paddlers become tired, be OK with turning around early. Over time, they will develop more stamina and will learn to understand their own strengths and limitations on the water, which is an essential skill for lifelong enjoyment of the sport.

*Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.**

Shell Found



Jim Thompson

photo provided

Jim Thompson, visiting from Kentucky, found a junonia on the beach on April 16 while staying at Loggerhead Cay. The shell had been deposited at high tide. "I was just lucky enough to find it," said Thompson.*

Shell Found



Levi Jackson

photo by A. Ziehl

Levi Jackson, 8, from Indianapolis, Indiana found a horse conch while staying at White Caps Cottages on West Gulf Drive. It was being tossed in the surf when he found it a while ago.*



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Class Builds Solitary Bee Nesting Boxes

by Jeff Lysiak

On April 12 at the Bailey Homestead Preserve, nine people attended a Sanibel-Captiva Conservation Foundation (SCCF) program on bees, learning how to identify various bee species and making their own native solitary bee nesting box to take home.

The program was led by SCCF Native Landscapes & Garden Center Manager Jenny Evans, SCCF Living with Wildlife Educator Dee Serage-Century and Wally Kain, construction guru from The Hammerheads. The 90-minute presentation offered the group some basics on bee identification, which plants they are attracted to and what people can do to help sustain or increase local bee populations.

“On a national level, pollination of our crops is something we should think about,” said Serage-Century. “Although we give a lot of credit to the honey bees for pollinating our crops, almost half of the pollination comes from our native



Hammerhead Wally Kain, center, assists Gwenda Hiett-Clements and Jo Ellen Dickison with construction of their bee boxes

photos by Jeff Lysiak

solitary bees.”

Historically, generations have been keeping bees at the Bailey Homestead Preserve since the early part of the 20th century. Behind the main building



Dee Serage-Century, center, leading the group on a tour of the Bailey Homestead Preserve Native Landscapes & Garden Center



Wally Kain identifying all of the materials needed to complete the project

is a structure called the Honey House, where visitors may purchase several varieties of locally harvested honey.

Serage-Century led a tour of the demonstration gardens, pointing out the different species of bees – including the honey bee, carpenter bee, carpenter bee mimic, green orchid bee, green sweat bee, oil bee and leafcutter bee – that can be found locally. She also pointed out their everyday movements and which plants they are most



Carol Zell hammering nails into the roof of her bee box

attracted to.

“Many of Florida’s solitary nesting bees raise their larvae in the hollow of branches,” she explained. “The females carry nectar and pollen to make a ball that will feed the larvae in each nesting chamber. She lays an egg on the pollen ball, seals each chamber with leaves, plant oils, soil or wood, then starts another chamber. Female eggs are laid first for more protection and males are laid closer to the chamber entrance...”



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Jenny Evans placing hollow bamboo reeds into her bee box



The finished native solitary bee nesting box

she decides the sex of the eggs."

Back at the pavilion, the group sat down with Kain and Evans to begin making their own native solitary bee nesting boxes, which will attract oil bees, leafcutter bees and carpenter bee mimics. The step-by-step process took each participant about 45 minutes to complete using only a hammer, some wood glue, nails and pre-cut sections of wood, bamboo and a thin metal panel.

Upcoming presentations at the Bailey Homestead Preserve include Making The Land Work, a historic walking tour of the iconic island

property, held on Wednesdays (through October 1) at 8:30 a.m. Participants will meet at the Conservation Gateway Kiosk, at the head of Shipley Trail; the tour will last approximately one hour. Admission is free for SCCF members and children or \$5 per adult; reservations are not required.

The Bailey Homestead Preserve, located at 1300 Periwinkle Way, is open Monday through Friday from 8:30 a.m. to 5 p.m. and Saturday (January to April only) from 10 a.m. to 3 p.m. Call 472-1932 for more information.✱

When Life Gives You Lemons, Make Lemonade



From left, Cole Fields, Monica Fields, Nik Bakos and Billy Kirkland

photo provided

Lemonade and brownies, with proceeds donated to FISH of SanCap? It doesn't get any better than that.

A heartfelt thank you to Monica Fields, her son Cole and friend Nik Bakos for operating their lemonade and brownie stand on April 14 near The Island Cow. According to Fields, the kids came up with the idea by themselves, and wanted to share information about FISH with anyone who stopped by their stand.

One of their first patrons, Billy Kirkland, applauded their efforts and paid for anyone stopping by who was riding a rental from Billy's Bikes.

"This is such a fun way to build awareness about our organization," said Maggi Feiner, who had a fresh lemonade mid-morning. "I am so pleased to see our young islanders giving back to our community to help our neighbors. It was very generous of Cole and Nik to donate their time and energy, as well as their proceeds, to FISH. Thank you all, and thank you Billy for paying it forward."

To learn more about FISH of SanCap and its community programs, contact Kathy Y. Monroe, MSG, FISH program director, at 472-4775 or go to www.fishofsancap.org.✱

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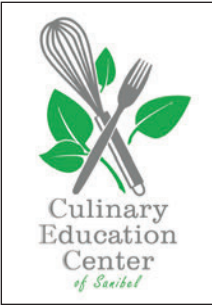
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The Community House

Mint



by Resident Chef Jarred Harris

The mint plant originated in the Mediterranean region. It has been found in Egyptian tombs as far back as 1,000 BC. It is used for medicinal purposes and in culinary applications. Its aroma is unique and refreshing. I grow it all over my garden because it smells nice and it repels rats and mosquitos. There are 30 varieties of mint grown around the world. The most common garden variety in America is spearmint and the second most popular variety is peppermint. The United States produces 70 percent of the world's peppermint and spearmint. It is used in making mouthwash, and other health and beauty aids. Mint gets its name from the Greek mythical character Menthe. According to the Greek myth, Menthe was a river nymph that Hades (the god of the underworld) fell in love with. Persephone (Hades' wife) found out about it and turned

Menthe into a plant, so people would walk over her and crush her. Hades was unable to break the spell, so he gave Menthe an amazing aroma, so he could smell her and be near her when people walked on her. Mint contains the essential oil menthol. That is what gives mint its aroma. Mint also contains vitamins A, C, B2 and calcium, magnesium, zinc and copper. If you are a novice gardener or an experienced foodie, I encourage you to plant some mint in your garden and use it in a recipe. Here is a simple salad recipe for you to try.

Mint Watermelon and Feta Salad
Serves 4

Ingredients
4 oz. baby arugula
4 oz. feta cheese
4 slices of watermelon (rind removed and cut in half)

Dressing
¼ cup basil (shredded)
½ cup mint (roughly chopped)
½ cup olive oil
½ lemon (juiced)
2 tblsp. honey

Method
Arrange the arugula on a platter. Place the watermelon and feta on top of the arugula. Sprinkle the mint and basil over the salad.
Place the olive oil, lemon and honey in a bowl and whisk. Pour over the salad.
Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

BIG ARTS To Exhibit Works By The Disabled

Artwork by participants in Lee Health's Arts in Healthcare program will be on display in the BIG ARTS Phillips Gallery from Wednesday, May 2 through Friday, June 1. An artists reception will be held on Friday, May 4 from 5:30 to 7 p.m.

Art by the disABled is a program for individuals with disabilities who are looking for showcase and exhibition opportunities for their creative works. Each of Lee Health's hospitals maintains a gallery to display their artwork, and the health system arranges juried art shows and assists disabled artists in participating in local art shows. Arts in Healthcare is led by the program coordinator with the support of more than 75 volunteers, and the Art by the disABled program is funded by donations.

Arts in Healthcare is a nationwide movement that links the expressive arts with the healing arts and brings these into the mainstream of the traditional health care to promote the well-being of those who are ill and their caregivers. It integrates the expressive arts in all forms into the health care setting to provide creative outlets for patients, families and staff.

BIG ARTS is located at 900 Dunlop Road. For more information about the program, contact Doug MacGregor at 343-2633 or art@leehealth.org.*

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Kathy Buda. Dusk Duo performs on Saturday and Wednesday. Woody Brubaker plays on Sunday and Tuesday. Mike Arnone performs on Monday. On Thursday, it's Busted Stuff.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.*

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Author's New Book Features Barrier Islands

Can a good man bury something that was bad in his past? DL Havlin's latest novel, *Turtle Point*, answers this question.

Benny Dupree, a longtime area resident, committed a crime of passion and hid his secret under barrier island sands for 30 years. He kept his secret



DL Havlin

using sea turtles as a shield. Two evil, present-day "treasure hunters," threaten to expose his deed. They are willing to destroy or kill anyone who stands between them and their riches.

Benny believes his life is over. Enter Harper Sturgis, a retired Marine intelligence officer, now a lawyer. Harper is a tough, no-nonsense individual who has the deductive reasoning of Sherlock Holmes, the determination of George Patton, and the face and figure of Sandra Bullock. She unravels 30-year-old secrets, ones even Benny doesn't know. Harper saves Benny's skin and "uncovers" a treasure measured in billions, not millions.

Havlin always debuts his book at Matlacha Menagerie, which is one of the first stores to carry all his books. He will be there on Saturday, April 28 from 11 a.m. until 3 p.m. to chat about *Turtle Point* and sign copies.*

Novels By Sanibel Author To Be Re-Released

The first of six thriller novels by Sanibel author William Hallstead is now available on Amazon – 28 years after its initial appearance in print. *Pursuit of Fear* is the first of six novels by Hallstead, originally published in the 1990s, and now scheduled for re-release by Endeavour Press, London. Through a cooperative arrangement with Endeavour, all six books will also be available in the U.S. on Amazon.

In addition to *Pursuit of Fear*, currently available on Amazon, the release schedule includes: *Chain of Vengeance*, April 27; *Secret Kills*, May 18; *Position of Ultimate Trust*, June 8; *Image of Evil*, July 6; and *The Rebuilt Man*, August 3.

Hallstead's more than 30 published books include works for young adults, mystery novels, two books co-authored with Jewish families who narrowly escaped the Holocaust, and a history of Scranton, Pennsylvania Municipal Airport, where he served as a flight instructor in the early 1950s. Currently at press is a collection of his stories that have appeared in *Ellery Queen Mystery Magazine* and *Alfred Hitchcock Mystery Magazine*.*

A Gripping Drama At The Strauss Theater

by Di Saggau

Grounded is now playing at the BIG ARTS Herb Strauss Theater and I suggest you get tickets now because it will close April 21. This is a powerful one-woman drama starring Katie Pankow as a cocky ace Air Force fighter pilot who loves "the blue." The blue sky is her home. She worships it. She's proud of the pilot suit she's earned, saying, "I never wanted to take it off. This was who I was now, who I'd become through sweat and brains and guts. This is me."

When she falls in love and marries Eric and becomes pregnant, she is grounded, working a desk job. "The pilot's nightmare," she says. After her daughter is born, she is assigned to a military facility in Las Vegas controlling the drones that are being used by the United States to wage war in the Middle East. She calls it the "chair force." A metal silver chair is the only prop on stage and Pankow circles it throughout the 90-minute play displaying a multitude of emotions.

She tries to look on the bright side, thinking that tracking bad guys in Afghanistan seven days a week means she will see her daughter grow up and will be able to kiss her husband good night. The threat of death has been removed. While that's somewhat true, the responsibility of making life and death choices that involve a drone strike killing the enemy and also



Katie Pankow

photo provided

watching American forces die, changes her. Her steady hands become sweaty, she sees "the gray" of the desert for hours every day and a gradual onset of post-traumatic stress disorder begins.

Video displays in the background show us what she is seeing. The play, by George Brant, is a haunting portrait of a woman in the Air Force coming under pressure as she sees the human cost of war. It slowly eats away at her. *Grounded* is a compelling and moving one-woman show and I hope you get a chance to see it. Presented by Theater Conspiracy and directed by Bill Taylor, tickets are available by calling 395-0900 or online at www.bigarts.org. The BIG ARTS Herb Strauss Theater is located at 2200 Periwinkle Way.*



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Book Review

The Bricklayer Of Albany Park

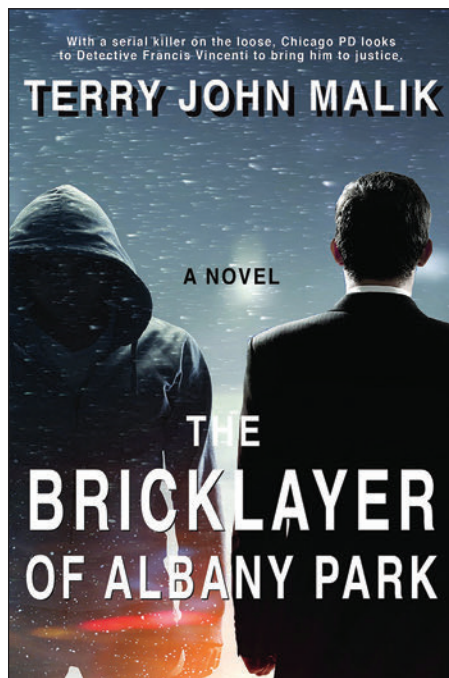


by Di Saggau

Does it take a monster to find a monster? That's the question behind *The Bricklayer of Albany Park* by local author Terry John Malik. The book is a

psychological thriller that won't let go. You'll follow Detective Frank Vincenti, who has always had a knack for understanding the killers he hunts, as he searches through the back alleys of Chicago for the notorious "Bricklayer," a serial killer who strikes at night and buries his victims under bricks. The chapters pretty much alternate between Vincenti and Anthony, the serial killer. Slowly we get to know each of these men. Anthony is amused that the press calls him The Bricklayer. He feels justified in killing all his victims. He has an apparition that haunts him and keeps him on task.

Vincenti enlists the help of an old mentor, former Chicago PD detective Thomas Aquinas Foster, whose unconventional teaching methods help Vincenti in his search for the killer. Foster plays with his former student's



mind, which helps Vincenti get into Anthony's mind. The short chapters with alternating views result in a gripping investigation and a riveting story.

Malik says that the book is not inspired by true events or people, but certain characters may resemble people in his life. He actually knew an older man named Thomas Aquinas who had many of the same habits as the one in his book. The true-crime, serial-killer aficionado will find several tidbits of interest in the book including

the address of John Wane Gacy, and a lounge where some famous serial killers picked up their female victims. As to his favorite character, Malik says, "Vincenti. He is a victim of his father, of Foster and ultimately of himself."

TB, a federal court judge, says of the book. "Mr. Malik's extensive research into mental illness, woven with details that ring of a true criminal investigation, make for a riveting story that elicits

both sympathy for the killer and fears for his victims. A book that sucks the reader in and does not release its grip before the completely unexpected ending. It is a scary thrill ride."

I was fascinated with how Vincenti's mentor plays with his mind and also the thought process of Anthony. *The Bricklayer of Albany Park* is a book you will try to finish in one reading, it's that good.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, Recently I've been seeing the term "growth mindset" and how it's important for kids to have this. I really

don't understand what a growth mindset is and why it's important – please explain.

Carolyn V, Fort Myers

Carolyn,

Growth mindset is a term that has become quite popular lately but the concept has been around for a while. Growth mindset is a concept that refers to how we face challenges and setbacks. It was developed by Stanford University professor, Dr. Carol Dweck, one of the world's leading researchers in the field of motivation.

Dweck and her colleagues did a series of studies that found that kids who pushed through challenges held the belief that they could improve their abilities. Kids who pulled back from challenges believed their abilities were fixed. It describes how a child faces challenges and setbacks. Kids with a growth mindset believe their abilities can improve over time. By comparison, kids with a fixed mindset think their abilities are a set trait that can't change, no matter how hard they try. For example, think about a child who struggles with math and has gotten low grades on her tests and assignments. If she's convinced she's "just bad at math," and that no amount of work will change that, she's showing a fixed mindset and is likely to stop trying. If she says she has trouble with math but continues to try to improve at it, that shows a growth mindset.

Parents sometimes think it helps to praise their child's talents and intellectual ability. However according to the growth mindset theory, if you say to your child, "You're really good at math," it promotes a fixed mindset. You're really saying that the ability to do math is just something your child "has."

We've been told that we should be praising the child's effort. Again, this type of praise is not enough to promote a growth mindset because kids can try hard but not succeed because they aren't using strategies that work. Dr. Dweck says what's most important is to praise the way they approached the challenge, not how hard they tried or

how well they did. For instance, you might praise your child for the way she solved a math problem or how she organized her homework to get it all done. Dr. Dweck calls this process praise. She says that it's the most helpful type of praise for promoting a growth mindset. It puts the emphasis on the steps your child took to get to the end result. By focusing on process, you and your child's teachers can show how getting stuck, asking for help and trying new strategies are important, too.

A big part of having a growth mindset is not to allow failing at something stop you from working to improve. It's important for your child to know that setbacks can provide a way forward. Talk about what your child learned from the experience. For instance, you might say, "How would you study differently next time? Would it help to talk to your teacher? Would a study guide be useful?" Tell your child it's OK to speak up when something isn't working. Encourage her to self-advocate and ask for help from the people around her.

Developing growth mindset is an ongoing process. Getting and taking feedback from others, learning from mistakes and finding innovative ways to approach tasks isn't easy. But it's a valuable way to help your child learn that her talents can be developed.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Local Inducted Into Honor Society

Luke Blackman, a resident of Sanibel, was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Blackman was initiated at the University of Florida.

Blackman is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership.*

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Library Patrons Serve 'Shellicious' Home Cooking

Sanibel Public Library's Betsy Eidem presented her annual culinary program, *Stirring Stories with Betsy*, on February 19. Her topic was *Shelling in the Kitchen*. Cooking aficionados Betsy Riley, Suzanne Bush, and Pat and John Guyette attended the February program, then cooked from Betsy's "stirring stories" recipes. The group tried their hand at lemon pectin cake, stuffed shells and pasta salad.

"It's a thrill to help enrich people's lives just by sharing something I love," Eidem said.

Sanibel Public Library offers cooking kits for patrons to check out and take home. Called *Cooking in the Bag*, the idea is similar to checking out books, music or movies, only in this case, it's cookware. Patrons can take home a paella or crêpe pan, dip and chip tray, empanada press, sushi making kit, and other items. Each kit has a coordinating cookbook and instructions. The *Cooking in the Bag* project was funded in 2014 as a pilot program through the Sanibel Public Library Foundation.

"Access to a public library not only promotes reading but also facilitates lifelong learning, and studies have shown it increases a community's quality of life," said Sanibel Public Library Executive Director Margaret Mohundro. "Libraries are no longer



From left, Betsy Riley, Suzanne Bush and Pat Guyette with their dishes

photos provided

just a place to store books, but offer a variety of services."

As Sanibel Public Library's Your Library Reimagined remodel project continues, the facility is open for normal operating hours. Popular services like computers, printers, high speed Wi-Fi, Children and Teen Space, and reference services are available. The other half of the library is being

renovated, expected to reopen in early fall 2018. Back by popular demand, hundreds of beer tap handles are on display during April at the library. The tappers are part of a collection owned by Rick Goodrich of Sanibel.

Family Storytime for preschoolers will be held on Wednesdays at 10 a.m., repeated at 1 p.m. The After-School Crew for children in kindergarten to



John Guyette doing some prep work

third grades will meet at 3 p.m. on Thursdays. Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3 p.m. in April. Weekly children's programs are listed on the library's online calendar. There will be weekly schedule changes in May. No registration is required for these programs.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.*

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BIG ARTS Monday Night Film Series

A Summer's Tale

by Di Saggau

The BIG ARTS Monday Night Movie for April 23 is *A Summer's Tale*, a drama/romance film from France. Recent college graduate Gaspard arrives at a Brittany beach town to relax for a few weeks. He waits for Lena, a girl he has been dating casually and when she does not arrive, he strikes up a friendship with waitress Margot. Through her, Gaspard also meets Solene, a free spirit who is open to a physical relationship if he will be faithful. As Gaspard spends time with each, his feelings become further conflicted.

A Summer's Tale was made in 1996 as part of Eric Rohmer's *Tales of the Four Seasons*. It's considered the best of the four films but was not released commercially in the United States until later. The characters are young and in the mood for love one day and in the opposite mood the next. By the time Lena arrives, Gaspard realizes that he has promised to take all three different potential lovers on the same island trip. *A Summer's Tale* is comic, humane and a bit complicated. Gaspard is led to the edge of panic, at least for awhile.

The characters ramble about their feelings of loneliness, rejection and fulfillment, but it's the audience's own experience that fills in the gaps of introspection and judgment. *A Summer's Tale* attests to Rohmer's status as a master of perspective and characterization and

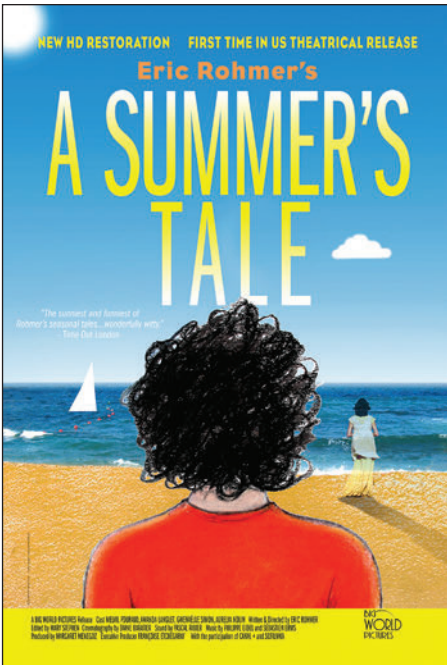


image provided

his keen eye for sun-drenched, luscious landscapes and all the fineries of human interaction that they awaken. The film runs 113 minutes. The moderators for the evening are Wendy McMullen-Humphrey and Bruce Merrill.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, at the door or by calling 395-0900.*

From page 1

Seahorse Festival

put us behind," she said. "We've been busy planning this year's Seahorse Festival to be something bigger, a bit different than years before, and hopefully a lot more fun."

The biggest change for this year's festival is the venue. In years past, the Seahorse Festival has been staged on school grounds. "Being at the school, the festival sort of lacked the exposure it needs to draw bigger crowds," said Paulus. "Moving it to Sanibel Community Park is going to increase our visibility."

Organizers are expecting an additional boost by adding food, beer and wine vendors to the fundraiser. "At the school, we couldn't hold any raffles, and we couldn't sell beer or wine," Paulus added. "Being able to offer those at this year's festival will help us make a lot more money."

In addition to selling tickets for this year's Blue Ribbon Classic Golf Tournament raffle prize, a 2018 street legal golf cart (\$25 donation per ticket, or \$100 for five tickets), a 50/50 raffle will be available. Silent auction items will include restaurant gift certificates, hotel vacation stays, golf outings, gift baskets, a sailing excursion on a pirate ship and roundtrip passes on the Key West Express, among other terrific prizes.

In addition to beer and wine sales, a number of local restaurants will be selling food favorites at the festival. They include The Pecking Order, Keylime Bistro, The Bubble Room, Joey's Custard, Sanibel Deli and the Hawaiian Shaved Ice truck.

Entertainment will be provided by the Fort Myers-based band Wilder Brothers, plus a number of additional musical guests.

The always-popular kid's inflatable area will feature bounce houses, slides,

a basketball free throw game, plus a rock climbing wall.


Paulus also explained that each class from The Sanibel School is planning their own fundraising games and activities. The eighth grade class, for example, will offer a dunk tank, with various island celebrities taking a turn on the hot – "wet" – seat. Another class will put "prisoners" in a jail-style lockup, with funds raised through donations sought as their "bail." Other activities will include cornhole, a fishing game, a musical game, card games and face painting.

"Allowing each class to conduct their own activity to raise funds is a win-win for everybody," said Paulus. "Everyone's gonna have a lot of fun, and the kids will be making money for their own classes."


Tickets for the Seahorse Festival are \$5 for adults; children are admitted free, and \$20 wristbands will be sold for the Kid's Inflatable Area for unlimited play.

Sponsors of the 2018 Seahorse Festival include: Gold Sponsors (\$1,000 to \$5,000) George and Anna Sampas, Invest Florida Realty – Nicholas and Kimberly Paulus, PGI Homes – Anthony and Tia Farhat; Silver Sponsors (\$500 to \$999) Dan and Mary Bell; Bronze Sponsors (\$100 to \$499) Jay Scanlon of Scanlon Lexus/Acura of Fort Myers, Ralph and Allison Quillen; Personal Best Sponsors (\$25 to \$99) Sanibel Charm-Lifestyle Blog. JJ Taylor and Point Ybel Brewery are beer sponsors, and Bailey's General Store is the wine sponsor.

Businesses may purchase vendor tables to hand out marketing materials and freebies at the Seahorse Festival. Tables are \$100 each. Event sponsorships are also available. For more information about becoming a sponsor or purchasing vendor tables, contact Kimberly Paulus at 822-4044 or KimberlyPaulus@me.com.*






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- 3/4 pound radishes, trimmed and chopped fine
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- 2 tablespoons fresh lime juice
- 1 clove garlic, mashed to a paste with 1/4 teaspoon salt
- 1/4 cup virgin olive oil
- 1/3 cup cilantro finely chopped, or to taste
- 6 scallions, sliced thin

In a large bowl whisk together the juices and garlic paste, add the oil in a steady stream, and whisk the dressing until it is emulsified. Whisk in the chopped cilantro and salt and pepper to taste. Add the tomatoes, cucumbers, radishes, and the scallions, toss the salad to combine it well, and garnish the dish with the leftover cilantro sprigs.✱



Cucumber, Tomato and Radish Salad with Citrus Dressing

photo courtesy Fresh From Florida

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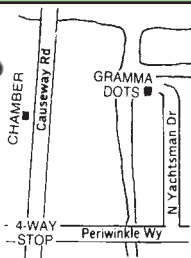
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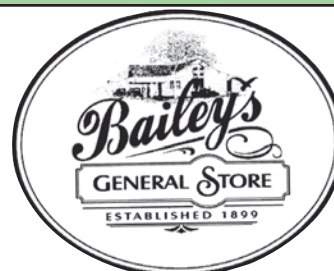
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Chamber Announces Plans For Renovation

by Jeff Lysiak

Last week, members of the Sanibel & Captiva Islands Chamber of Commerce assembled at the Sundial Beach Resort & Spa for their annual meeting, where awards were handed out, the yearly “State of the Chamber” address was delivered and plans to renovate the chamber’s Francis P. Bailey Jr. Visitor Center were announced.

Outgoing chamber board chair Donna Puma, who completed her second consecutive term, took time to thank her fellow members for another successful year during which everyone faced the challenge of recovering from the impacts of Hurricane Irma.

“We are truly fortunate to have a business community that works well together with local municipalities and residents, especially when we are faced with external factors affecting our islands – including a gal named Irma,” Puma told the crowd. “It is no surprise



Members of the 2018-19 Sanibel & Captiva Islands Chamber of Commerce Board of Directors, from left, Daniel Thompson, Melissa Rice, Donna Puma, Mary Bondurant, John Lai, Aaron Pruss, Lee Ellen Harder, Joel Goodman, Calli Johnson, David Wright and Jane Michaud

photo by Jeff Lysiak

that Sanibel became a stellar example of hurricane preparedness thanks to our mayor, our city manager, our police chief and local organizations. Our city had a plan and our businesses and residents followed that plan. Everyone worked together when it mattered most.”

Before passing the gavel to incoming board chair Aaron Pruss, Puma introduced new chamber president John Lai, who shared some of the organization’s accomplishments in 2017. Financially, the chamber flourished last year, boasting \$774,096 in total income. The

chamber spent \$166,380 for marketing purposes over the past year, with \$450,000 in reserves fully funded.

In addition, Lai lauded the chamber’s 11 ribbon cuttings, 1,100 people attending the monthly after hours events and

continued on page 2B

SCCF Tennis And Pickleball Tournament A Resounding Success



From left, Sundial Beach Resort & Spa staff, from left, Christian Clark, Ernesto Enriquez, Angi Hager and Sean Warren

photo provided

On April 7 and 8, 90 players raised their racquets for conservation at Sundial Beach Resort & Spa for the 26th annual SCCF Tennis Tournament and

the 1st annual SCCF Pickleball Challenge. SCCF thanks the many event sponsors for their support: Barbara Chappell, Wayne and Linda Boyd, “Diego,” The Sadie,



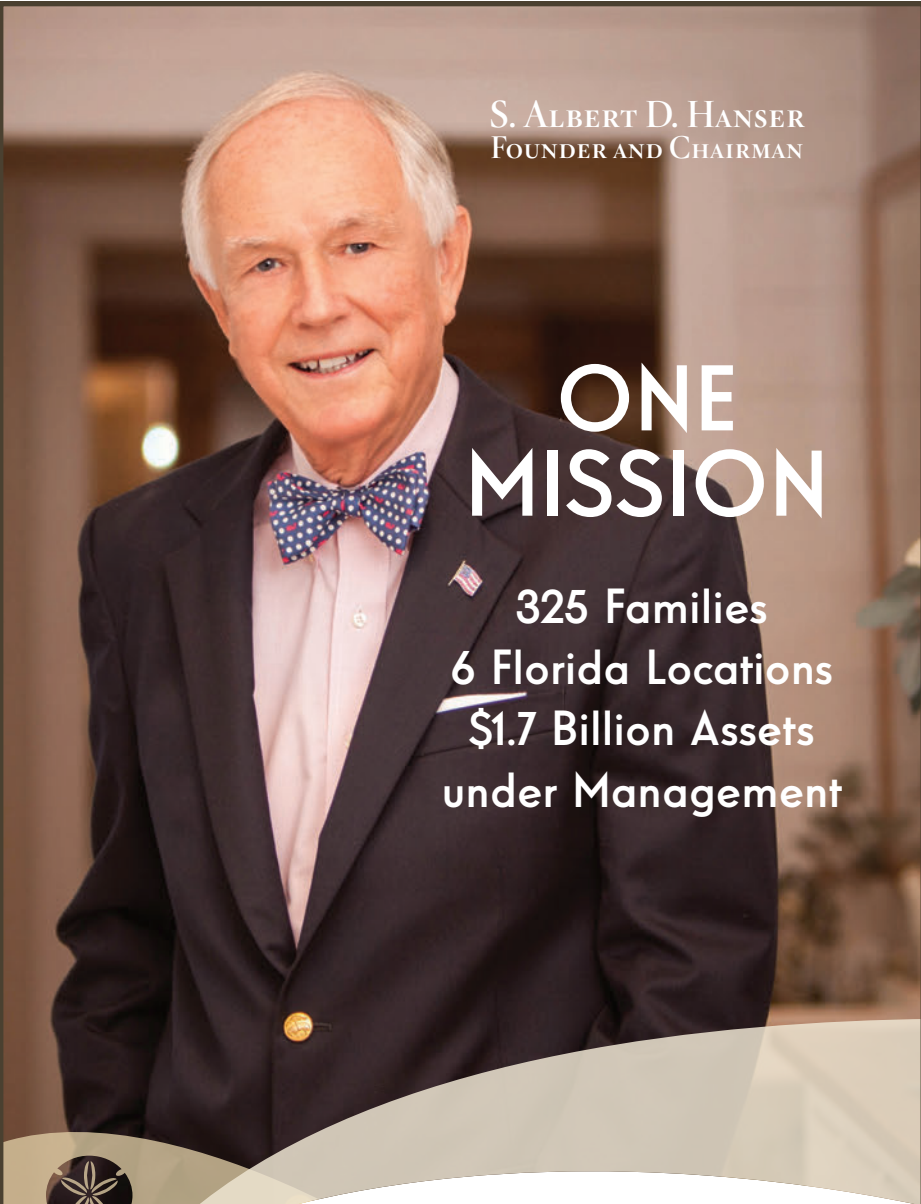
Barbara Chappell photo by Ernesto Enriquez

Tess and Bella Foundation, “Wonderfully Anonymous,” Carolyn Biderger, the Pushels, the Burches, Robin Kirk, Karen Bell, the Roths, the Adams, Dan Cohn, Don Aldridge, Deborah LaGorce, Tom



Pickleball winners Michael Murray and William Trinkle photo by Ernesto Enriquez

Rizzo, Kurt Peters, Graham Ritts and Ryan Martinson. Thanks also goes out to volunteers Lucas Century and Lynne Bode, as well as the Sundial staff for their cheerful help.* more photos page 21B



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Sanibel resident and volunteer Orlene Shimberg, right, accepting the Citizen of the Year Award from chamber board members Mary Bondurant and Aaron Pruss

photos by Jeff Lysiak

From page 1B Chamber

1,200 people attending the monthly luncheons. The membership retention rate remained high (90.6 percent) and online, the chamber's Facebook membership grew by 10 percent.

In the coming year, the chamber is looking forward to taking part in the recently-launched Shop Local Shop Small campaign, will be attending several travel and trade shows and will undergo a complete renovation of the visitor center located on Causeway Road.

With work expected to begin in early fall, the visitor center "refresh" will include a redesigned interior that will increase visitor "flow," incorporate a classic coastal design with enhanced visitor experience integrating technology – "Think touch screens," said Pruss – and, according to Lai, "maybe even a new logo to complete the rebranding process."

Work on the new visitor center is expected to be completed prior to next season.

"The conceptual plan is to gut the entire first floor and renovate it in a contemporary and welcoming manner," added Pruss. "Importantly, we are working with a national vendor with proven success incorporating interactive technology into visitors centers that is certain to appeal to the 21st century traveler."

Prior to taking over his duties as chairman, Pruss offered his thanks to Puma for her years of service to the chamber. "Donna has given her time, expertise, perspective and candor for two straight terms as president. She has been an exemplary leader of the board and an active participant in the organization and this community."

Later, Pruss discussed his goals, which – in addition to the modernization of the visitor center and establishing a more formal governance process for the board – includes the restatement of the chamber's by-laws in an effort "to make certain that the chamber's operations, from a governance standpoint, meet the requirements of the by-laws."

"If we, as an organization, can accomplish these two objectives during my tenure, and I can gain half the respect I have of Donna from (chair-elect) Mary Bondurant, then I will consider this year a success," he added.



Businessperson of the Year winner Mark Anderson



Volunteer of the Year award winner Pete Bender, center, with Aaron Pruss and Mary Bondurant



Outgoing chamber chair Donna Puma hugging incoming chair Aaron Pruss

Finally, Pruss and Bondurant handed out the chamber's annual awards, including:

Sue Rosica Gray Volunteer of the Year Award – Pete and Nancy Bender;

New Business of the Year Award – LeeAnn Adams of Beach Daisy;

Businessperson of the Year Award – Mark Anderson of Benchmark General Contracting;

Citizen of the Year Award – Orlene Shimberg

Following the meeting, chamber members mingled at a cocktail reception held in the Sundial ballroom.✱

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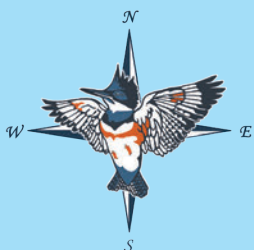
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General Manager Earns Award Of Excellence

Ken Kouril, chief operating officer and general manager of The Sanctuary Golf Club, was honored with the Excellence in Club Management Award at the 91st Club Management Association of America (CMAA) World Conference in San Francisco last month. The Excellence in Club Management Award was founded by McMahon Group and is co-sponsored by McMahon Group and *Club & Resort Business Magazine*. It is an annual award that recognizes private club general managers, managers and chief operating officers who have exhibited outstanding skills in managing their club.

The nomination came from Jim Pouliot, president of The Sanctuary Golf Club's board of governors and the executive management team. Pouliot wrote an endorsement and the executive team organized the achievements of Kouril and the club. The selection committee, which is comprised of general managers and leaders in the club industry from around the world,



Ken Kouril photo provided
reviewed every detail, including Kouril's lifetime achievements.
"Ken was most deserving of the Excellence in Club Management Award," said Pouliot. "The Sanctuary Golf Club has a wonderful track record of success and member satisfaction is at

a record high thanks to Ken's leadership. We are thrilled to have Ken at The Sanctuary and look forward to many more years of success together."
Kouril is a Certified Club Manager (CCM), Certified Chief Executive (CCE), Community Association Manager (CAM), a member of Club Management Association of America (CMAA) since 1993, National Club Association (NCA) government relations committee member, was named Person of the Year by the Sanibel & Captiva Islands

Chamber of Commerce, vice president of the Island Water Association, past board member of the Sanibel & Captiva Islands Chamber of Commerce and The Community House, to name a few of his accomplishments.
Jeff Brown, clubhouse manager (representing the executive team), added, "Ken is an outstanding general manager. His leadership and passion for The Sanctuary Golf Club over the last 11 years has catapulted the level of services and amenities of the club."✱

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers

The top agents and sales teams at VIP Realty Group for the month of March were: Mary Lou Bailey, top sales; Deb Smith, top sales; and Dan Cohn, top producer.✱



Mary Lou Bailey



Deb Smith



Dan Cohn

Resort And Fire District Partner For Training Exercise

Things are about to heat up at the Island Inn on Sanibel. The historic hotel recently partnered with the Sanibel Fire & Rescue District to allow for a unique training exercise where first responders will use a building set for demolition to practice real-life fire and rescue scenarios.
Currently, the prospective building acts as the maintenance operations center. But, with the inn nearing completion of its most recent phase of renovations, a state-of-the-art maintenance and housekeeping facility has been built to better accommodate the day-to-day needs. When the inn's general manager, Chris Davison, was approached by Sanibel Fire & Rescue District Assistant Chief William Briscoe, he saw it as a fitting way to give back to a department that has

supported the inn for so many years.
"The Island Inn has a long standing relationship with the city and its agencies," said Davison. "We feel privileged to be able to help some of the bravest folks in our community who have stood ready to assist Sanibel businesses and residents for decades."
Each practice structure offered gives the firefighters a different experience and provides a way to heighten senses in a controlled setting. Because no two structures are ever the same, each one needs to be addressed differently, as they each present unique challenges when a fire and rescue scenario occurs. Live building scenarios also give firefighters an opportunity to test and practice new equipment, as well as allow for team building where veterans can lead and assist those with less experience.
The practice is scheduled for sometime in April. For more information, contact the Sanibel Fire & Rescue District at 472-5525.✱

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- Meticulously restored 1912 beach house on 131' of beach frontage
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- **Price \$7,900,000**



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From left, Babs Maughan, Dana Foster, Carolyn Tongyai, Chuck Vilardi and Veronica Powers photos provided

Street Legal Golf Cart Top Prize At Tournament

To promote the upcoming Blue Ribbon Classic Golf Tournament, which will take place on Saturday, May 12 at The Sanctuary Golf Club,

the Sanibel School Fund committee announced the chance to win a 2018 Club Car, a street legal golf cart. Tickets are available at Bailey's General Store customer service desk, Bank of the Islands and MacIntosh Books and Paper. Buy your tickets for the suggested \$25 donation for one ticket or \$100 for five tickets. The winner will be announced at the tournament. The cost to play a round of golf




Doc Ford's is the platinum sponsor of this year's Blue Ribbon Classic

at this year's Blue Ribbon Classic is \$200, including admission to the post-tournament party, with heavy hors d'oeuvres and an open bar. Registration begins at 11 a.m. followed by the shotgun start at 12:30 p.m. For more information or to sign up to play in the tournament, contact Babs Maughan at SanibelBabs@gmail.com. The helicopter ball drop will take place at 4:30 p.m.; golf balls are available for purchase at \$25 each or

five balls for \$100, on sale at Bank of the Islands. People who want to attend the ball drop and post-tournament party may do so for \$65. For more information or to buy tickets, contact Christian Fautz at 917-763-6824. The Sanibel School Fund committee extends its thanks to Doc Ford's for their platinum sponsorship this year. The Sanibel School Fund raises money to pay for the Spanish and STEM programs at The Sanibel School.✱

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Captains Walk #B2

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Canal access. Handy to causeway, beaches, bike path, marina, & Olde Sanibel shops. Remodeled bath, brand-new HVAC, impact windows, & more. \$239,000 mostly furnished



569 Lighthouse Way

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9441 Peaceful Drive

Build your dream home next to conservation land in Gumbo Limbo. ~170' x 155' residential lot. Almost 1/2 acre with huge coverage. Privacy of no back neighbor & sunny yard with plenty of room for pool. Central island location. Quick access on/off island, & to bay, gulf, golf, & shopping. \$249,000



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Ranger Honored With Conservation Educator Award

On April 21, Toni Westland, supervisory refuge ranger at the JN “Ding” Darling National Wildlife Refuge, traveled to Crystal River, Florida to accept the Florida chapter of The Wildlife Society’s (FLTWS) 2018 Outstanding Educator Award.

Erin Myers, Partners for Fish & Wildlife biologist at Florida Panther National Wildlife Refuge east of Naples, along with “Ding” Darling Refuge Manager Paul Tritaik, nominated Westland for the award. Myers wrote, “Her work at ‘Ding’ Darling ranges from leading education programs for kids and adults to overseeing visitor services for over 930,000 visitors a year, and initiating new and innovative projects (i.e. Learning Lavatories) that garner national attention.”

The “Ding” Darling Wildlife Society’s website describes the award thusly: “The Outstanding Educator Award honors an individual who has developed and implemented educational tools relating to Florida’s native wildlife. Educational tools may include any items, techniques, or programs used for effective public outreach. Application of the tools should strengthen relationships between natural resource professionals and the citizens of Florida, partnerships necessary to accomplish the FLTWS resource management, conservation, and education mission. The intended audience of the educational tools may be any age, and award nominees may include



Ranger Toni Westland, right, with nominator Erin Myers photo provided

any wildlife professional or wildlife conservation educator.” “I am so honored and surprised by this,” said Westland. “I love the work I do at ‘Ding’ Darling, and the pleasure I get from seeing kids of all ages discovering nature here is reward enough.” “At a time when federal staffing cuts have meant the loss of the so-important refuge educator position, Toni has had to step up her education role by filling in on various programs and training a new conservation educator that the ‘Ding’ Darling Wildlife Society was able to hire through donor funding,” added DDWS Executive Director Birgie Miller. “She richly deserves this award.”

Bringing The Outdoors In – Part 3 of 3 Fabrics



by Jeanie Tinch Why not consider a fade proof, stain-resistant and worry-free fabric for your outdoor fabric needs, especially when it comes in bold, beautiful colors and fabulous prints? One type of high

performance fabrics is called Sunbrella. Sunbrella fabrics are water repellant and air dry very quickly due to their breathable nature. Unless there is food or dirt on the fabric, it won’t grow mildew. This is great news for outdoor furniture. No fabric can completely withstand the sun, but Sunbrella provides guidelines on the number of hours the fabrics will resist the UV rays. It also has been recommended by the Skin Cancer Foundation as a fabric to help prevent 98 percent of the UV radiation in shade applications like awnings or umbrellas.

Let’s also consider seat cushions. What are they made of? Will the water move through or will it soak into the foam or filling and turn to a mildew mess on the first little rain? The fiber filling is an important consideration, especially if you don’t take your cushions off the seats. Let’s not forget to cover the floor of your outdoor space. Adding an outdoor rug that is resistant to the elements is one way to make your outdoor area feel like an extension of your living space. There are many great selections today for outdoor area rugs, some of them are even recycled products. No outdoor space would be complete without beautiful lighting. Many outdoor lights can be ordered to compliment your new furniture, including lamps. Draperies and screen shades also make the outdoor living space more comfortable throughout the day and add privacy in the evening. Allowing for shade control and sun regulation, these products add to the comfort of the space and provide privacy. Decorative accessories, sculpture and pillows make the outdoor area feel like the indoors and truly make it another room in your home. Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeaniet@coindceden.com.

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Yacht Haven 2 - 800 Sextant Dr

Amazing bay views from spacious 3BD/2BA condo. Private boat slip & lift on direct access canal to Gulf. Large lanai & double garage. \$1,099,000

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Old Florida charm in beautiful Seagull Estates. 4BR/3BA, Community Pool, Clubhouse, Tennis & Private Beach Access - All for \$898,000

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Island Beach Club 220E - 2265 W Gulf Dr

Amazing views! Updated, 2 BR, 2BA - Weekly Rentals - Great Income! \$949,000

3837 Coquina Dr - West Rocks

2BD/2BA Lakefront pool home, remodeled kitchen, guest bath, fully furnished w/ coastal décor. Deeded beach access. \$699,000

247 Daniel Drive - Seagull Estates

3 Bedrooms - 2.5 Baths w/loft. Community pool, tennis & Beach Path. \$939,000

1 - 4 PM

735 Sand Dollar Dr - Shell Harbour

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Loggerhead Cay #433 - 979 E Gulf Dr

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1528 San Carlos Bay Dr - Sanibel Isles

Charming cottage-style 3BR/3BA w/ fireplace, eat-in kitchen, high-end upgrades, beautiful Bay & garden views. French Terracotta flooring, soaring ceilings. 165' dock on San Carlos Bay w/ Boat Lift. \$1,850,000

1525 San Carlos Bay Dr - Sanibel Isles

Remodeled 4BR, 2BA pool home overlooking 175' of canal frontage w/ 2 boat lifts, wood & tile floors, wet bar, 2-car garage. Seconds from the Bay. \$1,495,000

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3050 West Gulf Dr - Palm Lake

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585 Lake Murex Cir - Lake Murex

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A traditional Sanibel Island "island" living home with a separate two story guest quarters. A great family retreat. \$779,000

6192 Henderson Rd

Beautiful Bayou front 4BR, 4BA pool home with 2-car garage and 500sf rec room. Recent upgrades: New dock, roof, windows, wiring, plumbing, landscaping & more. \$1,949,000

15542 Copra Lane, Fort Myers

3BR/2BA on direct access canal. Newly remodeled Michigan Built home with 2 Car Garage with hurricane door. No homeowners association, no fees. \$449,935

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White Pelican #133 - 651 E Gulf Dr

Penthouse w/ private rooftop sundeck plus cabana! Over 3,000sf, 3BR/3BA + Den, upscale appointments. Small complex, pool, tennis, beach walk-over. \$1,989,000

Yacht Haven 2 - 800 Sextant Dr

Amazing bay views from spacious 3BD/2BA condo. Private boat slip & lift on direct access canal to Gulf. Large lanai & double garage. \$1,099,000

Loggerhead Cay #433 - 979 E Gulf Dr

Updated 2BR/2BA condo featuring granite throughout. Spacious open living + complex located on Gulf of Mexico. Great rental income potential. \$594,900

1478 Albatross Road - Dunes

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Sanddollar A101 - 1785 Middle Gulf Dr

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Island Beach Club 220E - 2265 W Gulf Dr

Amazing views! Updated, 2 BR, 2BA - Weekly Rentals - Great Income! \$949,000

2480 Library Way - Palm Ridge

Rare opportunity to own a business in the Artist's Corner & live steps above in your 3BR/2BA home. Hardwood floors, vaulted ceiling, quaint garden w/ flagstone patio. \$899,000

1995 My Tern Ln - Heron's Landing

Peaceful Bayou home featuring breathtaking views. Updated 4BR/2BA with chef's kitchen, soaring ceilings, screened lanai overlooking dock & water. \$1,349,000

10 AM - 12:30 PM

1528 San Carlos Bay Dr - Sanibel Isles

Charming cottage-style 3BR/3BA w/ fireplace, eat-in kitchen, high-end upgrades, beautiful Bay & garden views. French Terracotta flooring, soaring ceilings. 165' dock on San Carlos Bay w/ Boat Lift. \$1,850,000

1525 San Carlos Bay Dr - Sanibel Isles

Remodeled 4BR, 2BA pool home overlooking 175' of canal frontage w/ 2 boat lifts, wood & tile floors, wet bar, 2-car garage. Seconds from the Bay. \$1,495,000

Pointe Santo C42 - 2445 West Gulf Dr

Penthouse 2BR/2BA with rooftop sundeck. Excellent Gulf views! \$949,000

3050 West Gulf Dr - Palm Lake

Beautifully remodeled 3BR/2.5BA home with deeded beach access & long lake views. \$949,900

5885 Pine Tree Dr - Castaway Estates

Great 3BR/2BA canal home with dock. Partially remodeled home. Fenced pool, oversized lot. \$699,000

Sunset South 10C - 1341 Middle Gulf Dr

2BD/2BA Beautifully remodeled and redesigned top floor unit. Comes with a garage, extra large storage room, w/d, hurricane windows & doors, and much more. \$799,000

1 - 4 PM

1730 Jewel Box Dr - Sanibel Isles

Custom 4BR/3BA home located on a deep water canal w/ dock & lift, screened pool, 2-car garage, impact glass, gourmet kitchen & much more. \$1,695,000

Pointe Santo E23 - 2445 West Gulf Dr

Rare Offering! 2BR/2BA + Den with amazing Gulf views! \$995,000

Villas of Sanibel - 2915 West Gulf Dr

Three Bedrooms -Three baths-Den- Cabana- Garage-Wide West Gulf Beach-Tennis- Pool-Hot Tub-It has it all over 2000sq ft of Luxury! \$1,495,000

478 Sea Oats Dr - Sea Oats

Just off West Gulf Dr this 3BR/3BA pool home offers a well-appointed interior in a very desirable neighborhood. \$1,195,000

610 Hideaway Ct - Sea Oats

Lovingly maintained 3BR/2BA home backing up to conservation land. Deeded beach access. Room for a pool. Vaulted ceilings, fireplace, screened lanai & loft. \$659,000

5299 Umbrella Pool Road - Sanibel Bayous

Near Beach! 3BR/2.5BA. Short walk to the community pool and tennis court. \$499,000

5303 Umbrella Pool Road - Sanibel Bayous

Ideal location! 3BR/2.5BA /split floorplan & 2 master suites. 3 car garage. \$599,000

Rotary Happenings

submitted by Shirley Jewell

It just isn't Friday if I'm not getting up fairly early and heading to my Sanibel-Captiva Rotary Club meeting. Believe it or not, I enjoy every meeting because we have some of the greatest speakers with such a variety of topics that it makes you think about how dedicated and passionate many of our fellow Lee County residents are in serving our community. We hear about a wide spectrum of nonprofit organizations and programs worthy of respect and attention. Their remarkable professional staffs and amazing volunteers give their time and effort to causes that are so important to the quality of life for all beings living here in our community.

On April 6, our guest speaker was Kathy Rotterdale, a volunteer with the Animal Refuge Center (ARC) in North Fort Myers. Rotterdale's love for animals drew her to ARC as a volunteer and she has since become an active board member.

ARC began as a hope for an alternative to euthanasia to deal with the problems of unwanted healthy animals and advocate for the prevention of cruelty to animals. Incorporated in 1988, ARC is a not-for-profit animal welfare society,



Kathy Rotterdale photo provided

dedicated to caring for all homeless animals brought to its care at its 22.5-acre sanctuary in North Fort Myers. The sanctuary is home to more than 400 cats and 75 dogs. ARC receives dogs and cats from other animal shelters in the county that have not been adopted and cannot be held at those facilities any longer. ARC also receives surrendered animals whose families cannot take care of them any longer.

Animals that are placed with ARC go through a 10-day quarantine and evaluation period. Medical treatment, socialization and behavioral training, and

basic obedience are available for all the canines providing an attractive attribute for those that wish to adopt a pet from the rescue center.

Donations, fundraisers and grants help pay the mortgage and maintain the property, pay a small staff including a medical staff, house and feed the animals, provide medical treatment, and train canines with the hopeful end-result being that the rescue animals are adopted and find forever loving homes with qualified individuals. Rotterdale mentioned that Sanibel and Captiva residents and businesses lead the way in donations to ARC; one donor from the islands funded the construction of a recently built welcoming and adoption center.

The love and attention these animals receive at ARC is outstanding. Volunteers are essential to ARC's success. ARC has cared for and found homes for thousands of animals over the past 20-plus years.

Presently, there are 10 main buildings housing felines: The Gable Village, The Ekstrom Cottage, The Harley House, The Mary Williams Kitten Cottage, The Casa Marie, The Casa Luis, the Dixie D,

Aeries Place, Maises Place and Beesley's Hideaway. In addition, there are five small cottages where cats are often placed for their introductory period.

The Krieger Canine Village, McAllister Park and ARC Park are composed of 39 air-conditioned dog lodges for one to two dogs to reside. A doggy door allows them to go in and out of their lodge at will into their own play yard that has an awning for shade and a child's pool for wading. There is also a 2.5-acre fenced in park for the dogs, where they can run and exercise, along with an indoor canine training center.

The dog and cat residents at ARC like it there, but they would like to find that special home that is meant only for them.

If you are thinking about getting a new pet, why not check out this facilities by visiting the ARC campus in North Fort Myers? After all, they have somewhere around 400 cats and 75 dogs to choose from.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

Captiva Community Panel Report

Members of the Captiva Community Panel will receive a briefing from planner David Depew at a special workshop on Tuesday, April 24 beginning at 9 a.m. at the Captiva Community Center, located at 11550 Chapin Lane.

This session will focus on zoning and land use designations on the island, as well as the ordinances that set density and other land use regulations. While this briefing is open to the public and should be interesting and educational, the focus is for Depew to help panel members understand the zoning and land use issues as they begin work on updating the Captiva Code. For this reason, questions from the public will be held to the end.

The outpouring of comments and ideas from the community in response to the recent community survey conducted by the panel was overwhelming, with a response rate near 25 percent – exceptional for surveys of this nature.

All the information collected and analyzed to date is available on the panel website: www.captivacommunitypanel.com under the "Captiva Code" section. Included is an aggregate of survey responses, a brief analysis of those, and all the comments provided under all the various topic areas and other questions.

A more detail analysis is expected to be presented at the panel's May 8 meeting, and will be posted online in advance of that meeting.

The final Blind Pass Inlet Management Study Public Meeting is scheduled for Friday, April 27 at 1:30 in the Sea Pearl Room at South Seas Island Resort. There will be a

short presentation followed by time for interested parties to speak individually with members of the study team.

Lee County staff and the consulting team from APTIM (formerly known as CB&I) will present modeling results and accept comments and questions about inlet management scenarios and next steps.

A draft report is anticipated by the end of May with a final report to be presented to elected officials and the Florida Department of Environmental Protection early this summer for direction on adoption and implementation.

The next meeting of the Captiva Community Panel is set for Tuesday, May 8 beginning at 9 a.m. in the Cone Rooms on Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

A more detailed review of the recent community survey will be presented, part of the public input process for the ongoing update of the Captiva Code. Input from this survey and the four community workshops will be discussed at the May 8 panel meeting, and will serve as the basis for research and review over the summer. Possible options on these issues will be discussed with the community in the fall.

Among the other agenda items will be an update on the planned upgrades to the panel website, plus committee reports and update from other island organizations.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will be June 12. Information and background documents are available online at www.captivacommunitypanel.com.

The next meeting of the Captiva Erosion Prevention District board is Wednesday, May 9 beginning at 1 p.m. at Tween Waters Inn. Call the district at 472-2472 or go to www.mycepd.com for further information.*



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FA345



Daniela Jaeger

photo provided

Publisher Granted U.S. Citizenship

Daniela Jaeger, publisher of *Times of the Islands Magazine*, published by TOTI Media, Inc., took her Oath of Allegiance for U.S. Citizenship on April 11 in Fort Myers. Jaeger was presented with her Naturalization Certificate following the Pledge of Allegiance. She was accompanied by her husband, Friedrich Jaeger, chairman and founder of TOTI Media, Inc.✱

Grog Shop Manager Retires



Nancy and Rick Richmond

photo provided

Rick Richmond, manager of The Grog Shop liquor store on Sanibel for 20 years, officially retired last Friday, April 13. Richmond and his wife, Nancy, who also worked at the store part-time, plan to spend time traveling,

boating and relaxing on the islands.

Richmond thanks his local customers and island visitors for their friendship and patronage throughout the years, and invites them to stop in to meet the new manager, Richard Bennett.✱

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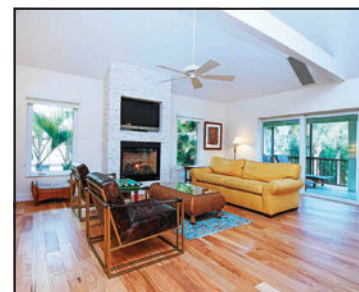


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\$1,699,000

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Island Cotillion Spring Dinner Dance



From left, hosts Bob and Nancy Orr with Margaret and Howard Dwyer

photos provided

The Island Cotillion spring dinner dance was held at The Sanctuary Golf Club recently and featured live music by Double Dare. The Island Cotillion is an organization of full or part time Sanibel and Captiva residents who enjoy dancing. It conducts three dinner dances a year, two are formal and one non-formal. For those interested in joining, contact Julie Boyd at 395-0464.✱



Ken and Sue Halvorson



Judy and Tom Addison



Victoria and Jack Madaras



Patsy and Hubie Whitaker



Neal and Sherry Halleran



Mary and Fred Bondurant



Gail and Bill Bachman



From left, Chris and Joni Hall, Michael and Coleen Frye, and Kathryn Kelly

photos provided

Blues By The Bay Raises \$133,000 For Children

The Heights Foundation's 4th Annual Blues By the Bay event raised \$133,000 for School Success programs for at-risk children in the Harlem Heights neighborhood in Fort Myers. Edison National Bank/Bank of the Islands was the presenting sponsor. Additional sponsors included Golisano Children's Hospital, Entech Florida IT Services, FPL and *The Islander/Island Reporter*. VIP sponsors included Mark and Gretchen Banks, Denise Baumert, Chuck Bergstrom/RE/MAX of the Islands, Jolie Black and Jeffery Gross, Timi Coleman, Steve and Doris Colgate, Bro and Dede D'Arcy, Ron and Dorothy Fitzgerald, Michael and Coleen Frye/RE/MAX Realty Group, Chris W. and Joni Q. Hall Foundation, Rich and Sandy Heinrich, Kelly Brothers Marine Contractors, Richard and Vicki Pitbladdo, Carl and Dana Schultz, and Wayne and Maria Wiles.

The VIP reception was held at the waterfront home of William and Patricia Hearn. St. Charles Yacht Club hosted the main event. Live music was provided by



Liz Aurensan and Pam Edwards

The Juice Rockin' Blues Band.

Guests had samplings from some of the area's finest restaurants including Blue Coyote Supper Club, Café Italia, Cip's Place, Culinary Education Center of Sanibel, Key Lime Bistro, LaMotta's Italian Restaurant and Pizzeria, St. Charles Yacht Club and Society. The Timbers Restaurant and Fish Market provided a raw bar for the VIP reception.

Guests had the opportunity to bid on auction lots including tickets to a Maroon 5 concert, a wine dinner for four



From left, Craig Scott, Dorothy Fitzgerald, Susan Scott and Ron Fitzgerald

at RumRunners, a stay at South Seas Island Resort with a private sailing class by Offshore Sailing School, an in-home cooking class for 10 by renowned chef Loretta Paganini, a wine cooler from Good Deals Appliances filled with standout wines, including a rare bottle of 100 pt. Screaming Eagle Cabernet, an insider's trip to Cuba with chef Gloria Jordan, tickets to James Taylor and Bonnie Raitt concerts with use of a Jaguar or Range Rover from Jaguar Land Rover of Fort Myers, a wine tasting for 20 at Total Wine with hors d'oeuvres from Ruth's Chris Steakhouse and limousine from JP Morgan, and an in-home dinner for 10 by chef Justin Fleming of St. Charles Yacht Club. Guests were able to sign up for a seven-course dinner at the home of Dorothy and Ron Fitzgerald by chef

Dustin Valette of Valette's in Healdsburg, California and St. Charles Yacht Club's Executive Chef Justin Fleming.

"We are so appreciative of our sponsors, donors, restaurants, guests and our hosts who opened their hearts in support of The Heights Foundation," said Kathryn Kelly, president and CEO of The Heights Foundation. "Our School Success programs include our charter school, academic tutoring, after school and summer camp programs, scholarship and college access assistance, school supplies and tuition support. Each program is geared to meet the specific needs of children and young adults who seek to further their education."

For more information about The Heights Foundation and The Heights Center, visit www.heightsfoundation.org or call 482-7706.*

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Pioneer Club Picnic For Classes Of 1968

The Pioneer Club of Lee County will hold its 69th annual picnic at the Lee County Civic Center Tinsley Pavilion on Saturday, April 28 from 10 a.m. to 3 p.m.

Approximately 1,100 invitations are mailed out for the picnic of which two-thirds are sent to local residents and the remainder to those people who live out of the area. There are normally 600 to 700 people in attendance. Barbecue chicken or pork, baked beans, coleslaw,

rolls, chocolate chip cookies and iced tea or lemonade are available to the attendees for \$10 per plate.

The classes of 1968 from Alva High, Bishop Verot High, Cypress Lake High, Dunbar High, Fort Myers High and North Fort Myers High will be recognized for celebrating their 50th class reunions. Also recognized at the picnic will be the eldest pioneer man and woman born in Lee County; the couple married the longest (both spouses need to be in attendance); pioneer who traveled the longest distance to the picnic; and the eldest person in attendance.

Lee County Civic Center is located at 11831 Bayshore Road in North Fort Myers. To RSVP, call 337-9505.*



Attendees at last year's picnic

photo provided

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Donations are now being accepted for the annual Trash & Treasures Sale. A tax deductible receipt will be provided for your donation of clean, gently used items. You may bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3 p.m. Books, clothing, shoes, computers or old TVs cannot be accepted. If you have any questions, call 472-5743.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the Center 4 Life. The featured book for Wednesday, May 9 is *Happiness Is a Choice You Make* by John Leland. The discussion takes place at 2:30 p.m.

"Newly divorced at 55 and living alone, *New York Times* writer John Leland felt unmoored as he struggled to come to terms with caring for his elderly mother. Then he began work on a series of articles about people 85 and older, focusing on six elders from different backgrounds. He visited them with no real agenda but listening. And

the lessons he ultimately gleaned in 'gratitude and resilience and purpose' not only helped him sort out his own midlife difficulties but also formed the heart of his new book, *Happiness Is a Choice You Make: Lessons From a Year Among the Oldest Old.*" – AARP

Sunset Social on the Causeway – Tuesday, April 24 beginning at 6:30 p.m. Spend an evening relaxing and watching the sunset with friends. Meet on the causeway at 6:30 p.m. Food will be served at 7 p.m. Bring a side dish to share, and your beach chair. Call 472-5743 if you are interested in participating and for directions to the viewing area (weather permitting).

Franklin Lock Buffet Cruise – Thursday, May 10. Cost is \$58 for members and \$68 for non-members. Take a 4½-hour cruise, heading east on the calm waters of the Intracoastal Waterway en route to the WP Franklin Locks that control the waters of Lake Okeechobee. You will pass through the historic Tice Railroad Bridge built in 1903. Observe the working of the locks as well as the banks of the Caloosahatchee that flourish with tropical growth and beautiful homes. View wildlife, manatees and eagles in the natural habitat.

On the return trip, there will be a sing-along, dancing and sightseeing on the open third deck. Trip price includes buffet lunch, live narration and refreshments. Advance registration is

required by Friday, May 4. Carpooling is available on a first come basis.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m.

Hand & Foot – Thursday at 12:00 p.m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays – May 1 and 15 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Available through May 4.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*

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From left, Trevor Nette, Kay Casperson, Chapin Leatherwood and Brooks Selby
photo provided

Local Businesses Support Captiva Community Panel Fundraiser

Kay Casperson and Trevor Nette sponsored the Captiva Community Panel fundraiser Monday After The Masters at South Seas Island Resort on April 9. "It was a beautiful and successful event," said Casperson, whose golf team included Nette, Brooks Selby and Chapin Leatherwood, part of the McMurray and Nette real estate team. "Brooks and Chapin both shot a closest to the pin, and Trevor took first place, receiving a trophy for the event."**

Shell Point Hosting Seminar For Island Residents



The entrance to Shell Point Retirement Community

photo provided

Shell Point Retirement Community continues the Shell Point Retirement Roadshow with an informational seminar for Sanibel residents on Wednesday, April 25 from 9:30 to 11 a.m. at The Community House, located at 2173 Periwinkle Way.

This educational presentation will offer guests the opportunity to learn about the resort-style retirement options and comprehensive lifecare available in this award-winning waterfront community located in Fort Myers near

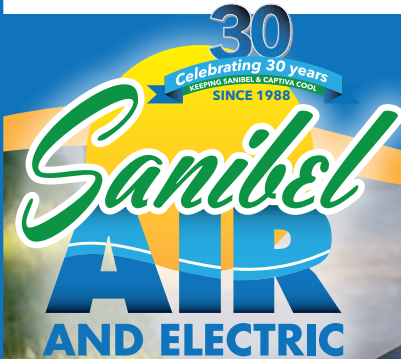
Sanibel.

During the presentation, Shell Point retirement counselors will explain the benefits received when becoming a resident at Shell Point, the benefits of lifecare, the numerous retirement options available and an overview of the community. Once the presentation is complete, guests will have the chance to ask questions and schedule a visit to the community for a personal tour.

"For residents that may want to

continued on page 20B

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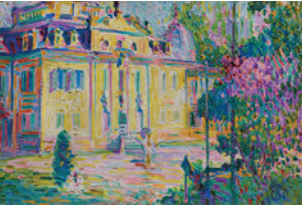
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18276 Deep Passage Lane
Burns Family 239.464.2984
Web ID 218024069 \$1,495,000



Pointe Santo De Sanibel #E6
Burns Family 239.464.2984
Web ID 216028702 \$1,250,000



938 Pecten Court
Burns Family 239.464.2984
Web ID 218000831 \$1,135,000



1035 South Yachtsman Drive
Burns Family 239.464.2984
Web ID 217048306 \$1,099,000



38 Sea Hibiscus Court
Burns Family 239.464.2984
Web ID 217055054 \$1,049,000



3320 Saint Kilda Road
Burns Family 239.464.2984
Web ID 218014494 \$1,049,000



2791 Teal Court
Russ Crutchfield 239.560.2742
Web ID 217036311 \$999,000



11490 Dickey Lane
Burns Family 239.464.2984
Web ID 217006556 \$995,000



Ventura Captiva #2-A
Burns Family 239.464.2984
Web ID 217018012 \$975,000



1043 Sand Castle Road
Burns Family 239.464.2984
Web ID 217042453 \$799,000



17280 Frank Road
Stephanie Bissett 239.292.3707
Web ID 218008908 \$729,900



236 Hurricane Lane
Wendy Humphrey 239.851.2301
Web ID 218015815 \$689,000



Cottage Colony West #116
Burns Family 239.464.2984
Web ID 217031151 \$625,000



Blind Pass #B209
Burns Family 239.464.2984
Web ID 217075019 \$569,000



Harbor Place #301
Burns Family 239.464.2984
Web ID 218009265 \$549,000



Harbor Place #202
Burns Family 239.464.2984
Web ID 218004924 \$535,000



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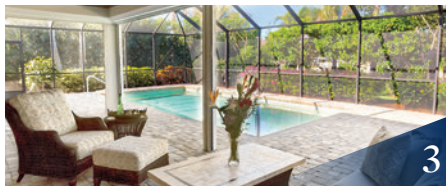


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NEW PRICE

2



3

4. Sunsets over Clam Bayous – Sanibel

- 3 BR/2BA home located in gated community Heron's Landing
- Featuring private elevator, enclosed & open lanai for unobstructed bayous views
- **\$1,099,000** EURO € 889,410

5. Sundial West Gulf View Unit

- 1 BR/1 BA remodeled condo with screened in lanai
- Gulf views from almost every room, excellent rental
- **\$465,000** EUR € 376,320

6. Ventura Captiva

- 3 BR/3 BA townhome style condo with Bay views
- Conveniently located in Captiva Village
- **\$975,000** EUR € 789,058

NEW PRICE



4



5

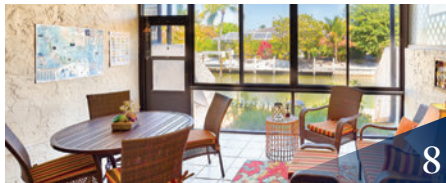


6

NEW PRICE



7



8



9

7. Heart of Captiva Village; "Belle Mar"

- 5 BR/ 5.5 BA stunning courtyard pool home with Chef's kitchen
- Concrete construction, travertine floors, and steps to the beach
- **\$2,499,000** EUR € 2,028,121

8. Canal front Condo on Sanibel

- 2 BR/ 2.5 BA condo located off East Gulf Drive in Seawind Community
- Community pool, tennis courts, boat docs, and steps to nearby beach access
- **\$530,000** EUR € 428,924

9. Very near beach, lake front home – Sanibel

- 4 BR/2.5 BA conveniently located off West Gulf drive with deeded beach access
- Pool with 2 story enclosure & swim up table, vaulted ceilings with light wood beams & clerestory windows.
- **\$1,049,000** EUR € 848,945

10. Shell Seekers – Captiva

- 6BR/7.5 BA Olde Florida architecture style home offering stunning 180degree direct views of the Gulf of Mexico
- Stunning coastal décor, 2 story coffered ceilings in the living room, gorgeous master suite & fantastic outdoor living
- **\$9,250,000** EUR € 7,485,938

11. Canal Home on Quiet Cul de Sac – Sanibel

- 4 BR/4 BA Gulf access canal home
- Spacious home with large caged pool
- **\$1,895,000** EUR € 1,533,605

12. Bay Front Antebellum Home with boat dock & lift – Sanibel

- 3BR/4BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with 360 degree water views
- **\$2,500,000** EUR € 2,010,519



10



11



12

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Tiffany, Jeff, Joan & Joe Burns



Kathy Haungs, Denice & John Beggs

Will Power

The Hunt For Scholarships



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

According to the College Board, the average cost of tuition and fees for the 2017-18 school year was \$34,740 at private colleges, \$9,970 for state residents at public colleges and \$25,620 for out-of-state residents attending public universities. Add another \$15,000 to \$30,000 annually for books, supplies, room, board and living expenses depending upon the location of the institution. Consequently, you'll find that attaining a bachelor's degree can range between \$125,000 and \$300,000 or more.

Backbreaking expense even for the affluent among us.

In last week's column I reviewed my perspective on my three daughters' college admissions processes, as my youngest will be leaving the nest this next academic school year. I promised in this week's column to address accessing scholarships to help pay for these monstrous expenses.

It's important to keep in mind that financial aid and scholarships are two different things. Financial aid is usually awarded by means of completing a FAFSA (Free Application for Federal Student Aid) form, www.fafsa.ed.gov, which is part of a federal program. Most colleges and universities use the FAFSA process to determine financial need and award federal grants and loans based upon that need.

Generally speaking, the income and financial resources of parents are used to determine the need of undergraduate students. It doesn't take a great amount of income and/or assets on the part of an undergraduate's family to decrease the amount of eligible aid and grants offered. Retirement savings, for example, are included in the calculation as an available resource that a parent might use to educate his or her child. With the cost of education high and continuing to rise, it's conceivable that a parent or grandparent burns through retirement accounts by allocating retirement resources to children's college educations.

A student might qualify for more aid or grants if his or her siblings are also in college concurrently, but not enough to make up the significant difference in the associated costs. It should be noted that gifts from parents and grandparents in the form of 529 Plans, UTMA accounts and trusts for college education are counted towards available resources, also limiting the amount of federal aid the student will qualify for.

Since student loan debt might crush a freshly minted graduate, caution should be heeded before funding the majority of a college education with government and private loans. Most student loans can't be discharged in bankruptcy. This might be why so many thirty-somethings reside with their parents rather than renting apartments or purchasing first homes.

Which brings us to scholarships.

Many colleges and universities automatically consider applicants for academic scholarships based upon high school grade point average, standardized test scores and extracurricular achievements. When applying to a college or university, don't leave the process entirely up to the student. My kids, bleary-eyed from their high school's rigorous International Baccalaureate studies, often didn't thoroughly scour colleges' websites for available scholarships, which sometimes required the submission of a separate application or essay.

Moreover, there are a variety of public foundation and private scholarships available.

Numerous websites offer insight, simply Google "college scholarship opportunities."

Once awarded an academic scholarship, don't give up! There may be even more money available. When my eldest daughter Gabrielle was accepted to Brandeis University, the scholarship offer wasn't as meaty as others offered from other universities. I telephoned the dean of admissions asking if the scholarship offer could be increased. He explained that Bernie Madoff stole a significant portion of Brandeis' endowment, so they didn't have the resources to match competing schools. He did, however, eventually offer additional scholarship money which we accepted, as Brandeis was my daughter's first choice. Gabi has since graduated magna cum laude with her bachelor's degree, and next month will also graduate Brandeis with her master's degree.

My middle daughter, Courtney, is a junior at the University of Florida, a public institution. While negotiating academic scholarships with large institutions isn't usually possible, there are programs like Florida Bright Futures earned through high school achievement, which provide a healthy scholarship as well. So long as your student maintains a 3.0 average (not a problem for Courtney!), Bright Futures continues for her four-year degree.

My youngest daughter, Madison, was invited to compete for Elon University's Honors Fellowship. Elon invited 350 of the more than 2,000 applicants to visit campus last month to be interviewed by faculty, attend a lecture and write an essay from a prompt related to the class. Madi was recently awarded one of the 43 honors fellowships, along with a Presidential scholarship she received when first admitted.

Elon's scholarship offers will cover approximately two-thirds of her four-year tuition expense. Madison noticed that she could have competed for a variety of different honors, but chose to compete solely for the one that paid the most – an "all or nothing" approach on her part, which I encouraged. If the Elon's admission office really wanted her for the Class of 2022 (as I felt they did based on her exceptional high school academic performance), I figured they'd offer the honors fellowship rather than lose her to another school.

A final thought goes to whether to apply for early decision. Many of the more competitive schools encourage applicants to apply early decision which means that if accepted, the applicant is bound to attend, regardless of scholarship offers or lack thereof.

If there is an institution that your student is dead-set on, then applying early decision may increase his or her chances of admission. I don't favor this course, as I believe it removes all negotiating power over scholarship awards. If you have the resources and don't care, then by all means it might help your student get into a "reach" school. Two sons of a close family friend were admitted into their preferred schools of Duke and Vanderbilt through early decision. But neither received scholarship awards.

If you're concerned about academic scholarships, then I would suggest a more flexible approach. It's similar to buying a car. If you limit yourself to a certain model, you are less likely to get the best deal than if you are open to a number of different models that have similar preferred features. Ultimately, even going through this process, each of my daughters enrolled in the university they felt was the right fit for them.

Please understand that I'm simply stating my opinion formed from my experiences over the past six years. Others may find success on a different path. I wish the best of luck for those currently engaged in the process.

Courtney, by the way, is beginning her search to attend graduate school. If any reader knows of private scholarships for those pursuing a doctorate in physical therapy or hospital sponsorships that may be available please email me at my address below.

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Life Insurance

Term Insurance Case Study



by J. Brendan Ryan, CLU, ChFC, MSFS

From time to time, I feel the need to explain the ill effects of the siren song of term insurance. This is the sort of coverage, as opposed to whole

life or universal life, that has no cash value and is only written today with a premium that sooner or later becomes unworkable.

Every term policy that I have seen in recent years starts out with a level, guaranteed premium for a certain number of years, after which period premiums escalate at a horrendous pace.

Today, I want to look at a 68-year-old man. Actually, the story starts eight years earlier when he was 60 years old. He wanted to plan to leave a financial legacy for his kids. So, he purchased \$150,000 of 10-year term insurance. With this sort of policy, the premium starts low and stays at that low premium for 10 years. After that, the premium leaps up annually until it is, in all practicality, impossible to continue. His initial premium has been and continues to be \$450 per year for another two years. He was confident that

he wanted to keep the coverage for just 10 years.

Now, at age 68, he is revisiting the topic. He wants to continue the policy beyond the first 10 years. So, he asked the insurer what they planned to charge him in the 11th year. Turns out that the premium that year will be about \$11,000, which is 25 times the original premium. The following year, it goes to \$13,000, and so on, which he cannot afford.

What can I do for him now? Well, his health has deteriorated since he got the present policy, so any new premium will reflect that. He can continue his present policy for the last two years of the low premium. But in those two years, his health, which is just moderately good now, may deteriorate further and he may be uninsurable. In that case, he would have to either continue the present policy at a very high cost or else, go without insurance.

If he is determined to carry 10-year term insurance, I can write \$150,000 today for \$2,000 per year. But that leaps to \$24,000 in the 11th year, and up from there.

Alternatively, at his present age, he could get that amount of universal life, that is, cash-value insurance, for a level premium of \$5,300. That premium is scheduled to stay the same for life.

How could he have avoided all this? He could have gotten universal life from the get-go eight years ago at a level cost of about \$3,600. And, if he wished, he could have funded it with a higher premium so that after 20 or 30 years he

could stop paying the premium for the rest of his life.

The major takeaways here are (1) despite expectations to the contrary, people usually do not want to give up their insurance at later ages, and (2) because of this, term insurance is not a reliable type of protection except when the need is definitely short-term.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.✴

Human Trafficking Symposium Coming In May

The 4th annual Human Trafficking Symposium will be held within Florida Gulf Coast University's Cohen Center Ballroom on Thursday, May 3 from 7:30 a.m. to 3 p.m. The symposium is presented by the Department of Justice Studies, Florida Gulf Coast University; the Department of Social Work, Florida Gulf Coast University; and Christy's Cause, Inc., a local nonprofit working to eradicate child sex trafficking.

Louis Bivona, founder and chairman of The National Center for Missing and Exploited Children, northeast region, and founder of Bivona Child Advocacy Center, will be the keynote speaker. Admission is \$50. Lee Health employees may attend at no cost with employee badge. Florida Gulf Coast University students may attend at

no cost, based on space availability. Breakfast and lunch will be provided.

Human trafficking is on the rise, tied with arms dealing as the second largest criminal industry in the world and the fastest growing, according to the U.S. Department of Health and Human Services. Human trafficking is a modern form of slavery. Victims are subjected to force, fraud or coercion for the purpose of commercial sex or forced labor. Victims are children, teenagers, women and men.

"The U.S. Department of State reports that less than one percent of sex trafficking victims are identified," said Dr. Amanda Evans, EdD, MSW, LCSW, assistant professor, Florida Gulf Coast University Department of Social Work. "The goal of the symposium is to provide new tools to identify and treat victims of human trafficking and to reignite our passion to help the 99 percent of unidentified victims in our community."

"We are so pleased to have Lou Bivona join us as keynote speaker for this year's symposium," said Christy Ivie, founder of Christy's Cause. "Service to missing, exploited and sexually abused children has been his lifelong driving passion."

Bivona and John Walsh established the Adam Walsh Center in 1982, which became the National Center for Missing & Exploited Children in 1984. His personal fundraising efforts resulted in more than \$30 million raised. In 2001, he led efforts to establish the Bivona

continued on page 22B

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Despite Miserable Weather, Red Sox Have Best Start In The Team’s History



by Ed Frank

In the long 118-year history of the Boston Red Sox, the team has never had a better season start than this year – 13-2 through the first 2-1/2 weeks.

We know this torrid pace of .867, the best in baseball as the week began, cannot continue. But many a team has buried itself in the early weeks of a season with lop-sided losing records. Not so for the Red Sox in 2018 under first-year manager Alex Cora.

In cold rainy weather, with wind chills below freezing at Fenway Park, Boston completed a weekend sweep of Baltimore to finish their first home stand of the season at

8-1. The weather was so bad, as it has been in so many baseball cities, that the traditional Patriots’ Day game scheduled for Monday was postponed.

It was the first time since 1984 that this game on the day of the Boston Marathon was postponed.

We wrote last week of the problem year-after-year of early season baseball in snowy, frigid weather. And it hasn’t improved since.

Red Sox All-Star pitcher Chris Sale said after Sunday’s game, “This is the most miserable I’ve ever been on a baseball field by far, not even close. Similar sentiments were expressed by Chicago Cubs manager Joe Maddon after Saturday’s game at Wrigley Field.

The weather even worsened the next day in Chicago, forcing postponement of Sunday’s and Monday’s games.

Blizzard conditions in Minneapolis resulted in postponing three of four weekend games between the Minnesota Twins and the Chicago White Sox. The Twins were happy to escape that weather for a two-game series this week in Puerto Rico against the Cleveland Indians that helped raise funds for the hurricane-ravaged island.

The April snow, sleet, rain and wind have wreaked havoc on Major League baseball schedules, wiping out 24 games through the first 2-1/2 weeks.

There’s going to be a lot of double-headers and scheduled off-day games played to make up for these postponements.

Everblades’ Brad Ralph – League Coach Of The Year

The Florida Everblades began postseason hockey Monday with a 4-1 victory

over the Atlanta Gladiators at Germain Arena in a best-of-seven series. Following the first two games on home ice, this first round of the Kelly Cup Playoffs shifts to Atlanta for Games Three, Four and a fifth game if necessary.

Everblades Coach Brad Ralph has been named winner of the John Brophy Award for the ECHL Coach of the Year. In his two seasons behind the bench, his Everblades have compiled a 99-34-11 record.

Fort Myers Miracle Begin Season At 6-5

The Fort Myers Miracle baseball team, the advanced A club of the Minnesota Twins, began the 2018 season with a 6-5 record. In the early going, this record found the team in fifth place in the Florida State League South Division as this week began, but only two games behind first-place Bradenton.

The Miracle started a long nine-game road trip Tuesday with stops at Dunedin, Bradenton and Clearwater before returning home to Hammond Stadium April 26 for three games against Daytona.

Outfielder Jimmy Kerrigan leads the team’s offense with a .389 batting average.*

Miracle Youth Baseball Camps Begin April 28

The Fort Myers Miracle will be offering three baseball camps for children in Southwest Florida to learn the game from professional players and coaches.

The 13th annual Disability Dream & Do baseball camp for children with special needs runs from 10 a.m. to noon on Saturday, April 28. The camp is free in partnership with the Dave Clark Foundation, and offers children with disabilities an opportunity to interact with Miracle players and coaches on the ballfield as they progress through hitting, fielding and throwing stations.

The Miracle also are offering two baseball camps for youth looking to sharpen their skills and fundamentals

under the guidance of Miracle players, coaches and staff. The camp for children ages 6 to 8 is July 10 to 12 and ages 9 to 12 is July 17 to 19. Both camps run from 9 a.m. to noon at CenturyLink Sports Complex, 14100 Six Mile Cypress Parkway in Fort Myers. The cost is \$115 per child and includes a T-shirt, Miracle gift, pre-camp snacks and lunches, and one box seat ticket to a Miracle game each night of the camp.

“I think our players and coaches enjoy these baseball camps as much as the children,” said Chris Peters, Miracle president and general manager. “It’s a great opportunity for them to share their baseball knowledge and insight with area children, but more importantly, just show them how to enjoy the game of baseball.”

Space is limited. For more information or to register for a camp, call 768-4210 or visit www.miraclebaseball.com.*

SPORTS QUIZ

1. Who holds the Texas Rangers record for career batting average?
2. Name the only catchers elected on the first ballot to the Baseball Hall of Fame.
3. Who was the last Washington Redskins quarterback before Kirk Cousins in 2016 to throw for at least 350 yards in consecutive games?
4. Entering 2018, who were the last two men’s basketball coaches to lead their team to an NCAA championship without having ever coached in a Final Four before that year?
5. Name the first NHL player to record a hat trick for the Vegas Golden Nights?
6. Who was the first driver to win in races in Formula One, IndyCar and NASCAR?
7. When was the last time before 2017 that two American female tennis players were in the final of the U.S. Open?

ANSWERS

1. Al Oliver, with a .319 average (1978-81). 2. Johnny Bench (1989) and Ivan Rodriguez (2017). 3. Jay Schreder, in 1986. 4. Tubby Smith (1998) and Kevin Ollie (2014). 5. William Karlsson, in 2017. 6. Dan Gurney. 7. It was 2002, when Serena Williams defeated Venus Williams.

From page 15B

Shell Point

learn more about the community before crossing the bridge, we’re excited to travel to Sanibel and educate people on the many benefits that Shell Point has to offer,” said Ronette Ico, vice president of sales and marketing. “By bringing the presentation closer to their

current homes, they can determine if it is an option they would like to consider for their life planning, and if it is, they can take the next step to come for a tour of our beautiful campus and see it for themselves.”

Admission to the seminar is free and refreshments will be served. Seating is limited, so reservations are requested by calling 466-1131 or registering online at www.shellpoint.org/roadshow.*

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From page 1B

SCCF Tournament



Winners Tom Rizzo and Lucas Century

photos by Ernesto Enriquez



Winners, from left, Joe Jorgensen, Rob Strumillo, Marcel Ventura, Chris Dolloff, Dan Schuyler and Bob Blakely



From left, winners Oliver Perrotte, Christian Clark and Anton Heldman. Perotte and Heldman have played in every tournament.



Winners, from left, Barbara Chappell, Nancy Orr, Cat Colfer and Janet Turner with Erick Lindblad of SCCF



Winners, from left, Susie Holly, Karen Muranski, April Fleming and Lori James with Erick Lindblad of SCCF



Consolation winners Linda Koch and Jodi Cort



Dee Serage-Century and Uber volunteer Lynne Bode



Winners, from left, Doreen Ruane, Melissa Rice, Theresa Dolloff, Paige Babcock, Betsy Ventura and Myrna Spears



Winners, from left, David Pettrick, Helmut Peters, Mark Andrews and Tony Crouch

Beautifulife:

Remove



by Kay Casperson

The word remove is one of my favorites for so many reasons. It is such an important word that I even chose years ago to name one of my very first product creations after it. I decided to attach words to my products that would not only address what the product was designed to do but to help people look into their lives to stay on the right path. Remove is not only the very first thing you need to do to move forward in life, but it is also a necessary thing to do daily to stay balanced and to continue to have your most beautiful life.

Why do I put such great importance on this word? The reasons vary, but the most important one is that if you don't pay attention to the things that need to be removed from your life, you will never make room for the good stuff that will fill that space. You see, things tend to make their way into your life without you even realizing whether they are helping or hindering you.

Let me give you some of my favorite examples of things that should regularly be removed:

(Emotional) – Negative thoughts and feelings of self-doubt. Tell yourself how awesome you are and make way for the I can and I will attitude that you were blessed with.

(Spiritual) – Deeply held beliefs that don't inspire you to be better. If whatever

you were taught to believe isn't helping you to grow into a better human being, then leave it behind and find something that will.

(Physical) – Unhealthy habits that are limiting you from being your best. The time is now to take control of your body and your health, clean out and enjoy the benefits.

(Environmental) – Clutter from things that are no longer necessary in your life. It is now time to filter through closets, cabinets, offices and garages to make room for better space and organization.

(Social) – People that don't support or inspire you to be all that you can be. Let's face it, before you even realize it, there are people in your life that are taking you away from the important people that matter the most and continue to enhance your world. Build a healthy distance from those that drain your energy instead of fuel your fire.

Remove is a word that we need to keep in our daily lives but I especially believe that springtime is a perfect time to assess the things that need to go. What a great time for cleaning out and starting fresh with a new outlook, new goals and possibly some new friends that will support you on your journey.

My affirmation for you this week is: "I will take a close look at the various aspects of my life to remove the things that might keep me from moving towards being the best that I can be."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.*

Diabetes Prevention Program

Lee Health will offer a free program at The Sanctuary beginning May 2 from 9 to 10 a.m. The Wednesday programs are designed to help you make modest lifestyle changes and cut your risk of Type 2 diabetes by more than half at. This year-long program with weekly meetings for the first six months, then once or twice a month for the second six months, is part of the National Diabetes

Prevention Program, led by the Centers for Disease Control and Prevention (CDC).

Information presented in the workshop can help you become empowered to prevent Type 2 diabetes. Learn about the benefits of physical activity; manage symptoms of stress, make smarter decisions related to healthy eating, and tips to stay motivated. Participants will receive a participant guide to use as an ongoing reference tool once the classes are completed.

The Sanctuary is located at 8960 Colonial Center Drive in Fort Myers. Seating is limited and registration is required. Call 424-3127 for more information.*

Candlelighters Golf Tournament

Candlelighters of Southwest Florida will host the 23rd annual Gold Ribbon Classic Golf Tournament at Bonita Bay Club East on Saturday, May 12. Check-in begins at 8 a.m. followed by a shotgun start at 9 a.m. Entry fee for an individual player is \$150, which includes 18 holes of golf with cart, range balls, golfers goodie bags and a buffet lunch with awards presentation immediately following play. Pre-registration is required.

The tournament is open to the public. There will be a variety of raffle prizes

offered including hotel stays, tickets for Florida attractions, rounds of golf and gift certificates to area restaurants. Proceeds will assist local children with cancer or blood disorders from the time they are diagnosed, throughout treatment and recovery. This year in the U.S., over 15,780 children will be diagnosed with cancer and one in 530 young adults between age 20 and 39 will be a survivor of childhood cancer.

Bonita Bay Club East is located at 3700 Wildwood Boulevard in Naples For more information, to make a tax deductible donation, donate a gift certificate, raffle item, goodie bag or sign up to play, visit www.candlelightersswfl.org.*

Doctor and Dietician

Maintaining Social Connectedness



by Ross Hauser, MD and Marion Hauser, MS, RD

Healthy eating and proper exercise are essential for a robust life, but another important aspect of healthy living is connecting socially. Maintaining meaningful social connections boosts overall health by strengthening the immune system, improving physical health and maintaining psychological well-being. Social connectedness helps folks maintain a healthy body weight, manage blood sugars, improve cancer survival, reduce cardiovascular mortality, alleviate depression, decrease posttraumatic stress disorder and improve overall mental health.

Connection with others who feel what we feel, understand how we think, and who are able to relate to us on a heart-to-heart level is one of life's most

important skills and needs. As you might guess, those who are disconnected reap the opposite results, such as physical and emotional disease and isolation. In the United States, social isolation is becoming increasingly prevalent, with 40 percent of Americans indicating they are lonely. Social isolation weakens and shortens our lives, and its negative effects are comparable to things like smoking, obesity, substance abuse and violence. We need human connections for physical, emotional and spiritual health. Those who feel connected have lower rates of anxiety and depression because their involvement in a social network provides the giving and receiving of trust and empathy. If you find it difficult to connect with people, adopting a furry friend may be the path for you. Pet owners show similar benefits in terms of well-being compared to non-pet owners.

Belonging is an irresistible need of all people. We are biologically, cognitively, physically and spiritually wired to love, to be loved, and to belong. When that doesn't occur, our health suffers.

Be courageous and take the initiative. Foster, nurture and build your social connections. In addition to following a healthy diet and exercising, cultivating meaningful relationships is a crucial aspect of your well-being.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Professional Rescuer Course Offered Saturday

The American Red Cross CPR/AED/First Aid for the Professional Rescuer course will be held on Saturday, April 21 from 10 a.m. to 5 p.m. at the Sanibel Recreation Center.

The purpose of this course is to instruct those who have a duty to act (professional rescuers) in the knowledge and skills needed to respond appropriately to breathing, cardiac and

first aid emergencies. This includes the use of an automated external defibrillator (AED) and bag valve mask resuscitator (BVM). Participants must be able to complete all final skill scenarios and score at least 80 percent on written exam to obtain the two-year certification.

The cost of the course is \$131 for members and \$172 for non-members and includes participant manual as well as a rescue mask.

For more information, contact Tasha Maddix, aquatics manager, at Tasha.Maddix@mysanibel.com, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.*

From page 19B

Human Trafficking

Child Advocacy Center (BCAC) in Rochester, New York, which streamlines the process for law enforcement and human service professionals to meet with and address the needs of child sexual abuse victims.

The symposium will offer professional training tracks for law enforcement and prosecution, health care providers and mental health professionals. Breakout speakers include Francine Donnorummo, SVU chief office of the state attorney, 20th Judicial Court; Lt. Daniel Cote, major crimes section, Lee County Sheriff Office; Kristy Dutton, MSN,

RN, NEA-BC, director of emergency services at Lee Health; Jennifer Wolff, BSN, RN, Lee Health; Deborah J. Cunningham, office of the state attorney, 20th Judicial Court; Sgt. Wade Williams, Collier County Sheriff's Office; and Dr. Evans.

Licensed clinical social workers, mental health counselors and marriage and family therapists can receive up to five hours of continuing education hours through the Department of Social Work, Florida Gulf Coast University. Nurses can receive two hours of Human Trafficking continuing education credits by attending the WeCare break out session.

To register visit www.bit.ly/htsfgc or email humantraffickingsymp@fgcu.edu.*

dearRPharmacist

Coffee Shops Must Display Cancer Warning



by Suzy Cohen, RPh

Dear Readers: When I think of acrylic, my mind goes to nail salons where they apply hard acrylic to your fingernails... it doesn't go to coffee or potato chips! But this compound is,

in fact, almost always present in coffee and potato chips, as well as many other foods such as cereal, French fries, peanut butter... even prune juice.

Acrylamide levels are higher in things that are fried like French fries. Just like frying, toasting can produce acrylamide; that's why dark toast is worse for you than light toast, as are well-down hash browns versus lightly browned ones... basically the darker (more cooked) areas on your food tend to have more acrylamide. Coffee is high in acrylamide, and that's why coffee shops are facing scrutiny now. I'd like a vanilla latte, double-shot, extra whipped cream, no acrylamide.

Starbucks and other big-name cafes are under fire. You see, acrylamide is a compound known to the FDA as a "possible" carcinogen. To be fair, the carcinogenic potential of dietary-related acrylamide from foods and beverages is actually unknown.

Natural coffee beans don't have acrylamide, it happens during the refinement process. When coffee growers roast their coffee beans, the acrylamide content goes up to a certain degree. Then coffee houses prepare beverages for us (the consumer), and we drink it. Does that mean we're drinking acrylamide?

In recent breaking news, Superior Court Judge Elihu M. Berle has just ruled that coffee companies like Starbucks, Peet's and others will have

to carry the cancer warning label in the state of California. I am confident this cancer-causing acrylamide problem won't even impact their sales... not even a dollar! Coffee lovers aren't going to run because we, as a nation, are fairly desensitized to toxins by now. Nobody cares if meat contains 28 different ingredients, aside from meat. Nobody cares if blueberry cereal doesn't have real blueberries in it, but rather purple goo. Nobody cares if French fries are fried in disgusting oil. These are the foods that are the highest in acrylamide, so you'll want to avoid or minimize these:

- French fries and potato chips
- Grains like pasta
- Breakfast cereal
- Darkly toasted bread or bagels
- Certain cookies
- Lightly roasted coffee beans
- Peanut, almond or sunflower butter

That's just the main foods. There are others which I can share in my extended version of this article. I've written a much more comprehensive article about this, including more about why the foods above are high in acrylamide and what you can substitute. I've also offered a list of foods and supplements that offset the damage done by acrylamide. To get all of this, it's simple. Just sign up for my free newsletter at www.suzycohen.com, and I'll email it to you on Tuesday.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am 24 and doing some online dating in a city. How available should I be without seeming too desperate and needy?

A: Dating in the 21st century is not easy. With use of social media, dating these days, one would think, would be simple. Many question just how to handle how much to communicate on the dating sites, text, talk on the phone, first meetings etc. I have seen countless women in my practice feel conflicted on how available to be for someone they are dating without seeming needy or desperate.

We all have a certain amount of baggage we bring to the table. It's not a good idea to tell all in the beginning. Go easy and pace yourself. I believe a good rule of thumb is moderation. It is a good idea to pace yourself especially in the beginning when you are getting to know one another. If women feel insecure, they are apt to share too much too soon, including making too much effort. Let the man pursue you. Be yourself, and be a bit old fashioned. You don't have to be too available and remember that men like

the chase even though they don't admit it. Let him do the work, and you don't always have to be available.

It's okay to say no and have other plans. Men do not like desperate and needy, and you don't want to be desperate and needy. Someone who wants to spend time with you and get to know you will make the effort.

It's also okay not to return texts or phone calls right away. You can enjoy his company and get to know him, and get to know others as well. You will be able to eliminate men you are not that interested in as time goes on, and you can develop more of a relationship with him while you go slowly. You are worth his wait.

I would caution you on getting too intimate too soon. Respect yourself and your body and in time so will he.

The bottom line is just be yourself and make wise choices that won't compromise your own self-respect. Have fun and show up in the room. Do not be attached to the outcome and let it all unfold the way it's supposed to unfold, and you will be much happier no matter what the result.

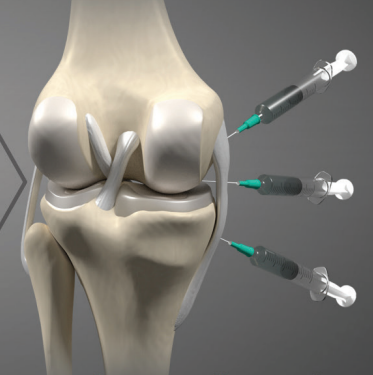
If he stops communicating, forget him and go onto the next one. You will be glad you did.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*

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Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
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Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
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American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club. . .	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Lee County Domestic Animal Services
Brinley And Josie



Brinley ID# A734471 photos provided

Hello, my name is Brinley. I am a 2-year-old female domestic shorthair who is your typical tabby cat that likes to run around and check things out. I love to play with my cat toys especially the ones that squeak. I am very well-behaved when humans brush my beautiful brown tabby fur.

My adoption fee is \$50. When you adopt me, you can another cat for free.

Hi, I'm Josie. They call me an itty bitty pittie because I am a pitbull that is going to stay pocket-sized. I am an 8-month-old female pit bull who is only 34 pounds and won't get too much bigger. I have a super sweet temperament and love to be around people. I have great leash manners and am very well-behaved in a crowd. I will make a great addition to any lucky family.



Josie ID# A735611

My adoption fee is \$75.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

Haven on Earth Animal League
Triscuit And Malia



Triscuit photos provided

During the month of April, Haven on Earth Animal League's adoption fee for adult cats is only \$35.

Hi there! I'm Triscuit. I am a beautiful, 1-year-old calico kitty, and I just had a litter of kittens. I am being fostered while I raise my babies and will be available for adoption in about a month. I will be spayed and brought up to date on all vaccines. As an adult, my special adoption fee is only \$35 during the month of April.



Malia

Hello! I'm Malia. I am a very pretty Siamese girl with beautiful blue eyes. I'm about 7 years old. I would prefer to be the only cat in the house, but I get along well with dogs. I am currently staying with a foster mom. I am spayed and up to date on all vaccines. My adoption fee is \$35 during the month of April.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.*

PUZZLES

Answers on page 29B

Super Crossword

COLLECTION OF SHADES

- ACROSS**

1 In addition to

9 Like racist or sexist jokes

14 Small country in Europe

20 Kellogg's cereal

21 As thin as —

22 Gotten up from bed

23 Certain Burgundy fruit

25 Small

26 Regular: Abbr.

27 Bullring yell

28 W-2 expert

29 Belfast's county

30 Cheesy Italian dish

36 First emperor of Brazil

39 Pigeon's call

40 Airline serving Oslo

41 Honshu coin

42 Annual Calgary or Rochester celebration

47 Suffix with 119-Across

50 Jackie's #2

51 Texter's "Then again ..."
- 52 "— penny, pick it up ..."

54 Still-life fruit

58 Sam of "The Piano"

60 Very shy sort

65 Ending for cyan

67 British rocker Brian

68 Most indigent

69 Have too much of, for short

72 The 1890s' nickname

77 See 71-Down

78 Any of 12 pontiffs

80 Two-base hit: Abbr.

81 That gal

83 What playing kids "go round"

88 Expand upon

92 Not as daft

93 Hairy twin in the Bible

94 Garr of film

96 "Ni-i-ice!"

97 — -do-well (idle person)

99 Suspect in Clue

104 Charade

107 — Fridays (restaurant)
- 109 Wriggling fish

110 Post-teens

111 1951 Alec Guinness comedy

118 Left fielder Minnie

119 Tearful

120 Tear's place

121 Zero in

124 Ink-squirting creatures

125 Whoopi Goldberg film that's apt for this puzzle

131 Israeli money

132 "St. — Fire"

133 Least quiet

134 Albanian city

135 Jr.-year exams

136 Singers Frank and Nancy
- 10 NHL's Bobby

11 Civil rights org.

12 Robert Browning's "— Passes"

13 Unclogs

14 Ill feeling

15 Circular gasket fitting

16 Old crime boss Frank

17 In error

18 Dion of song

19 Like a single-person band

24 Do a spit-take, say

30 Noted period

31 Peter out, as a trail

32 Present

33 "— will not!" (firm refusal)

34 "Mazel —!"

35 Made do

36 Intend (to)

37 Ireland, to the Irish

38 Ovid's 552

43 Dawn goddess

44 "Be quiet!"

45 Invite

46 Maui garland

48 Verbalized

49 No longer edible

53 City of central Sicily
- 55 Appeal

56 For fear that

57 Kin of -kin

59 Tackles, e.g. engine

61 Gun, as an

62 Suffix with opal

63 Tropical tern

64 Signs made by winners

66 Runner Zatopek

69 Chooses

70 Qatari capital

71 With 77-Across, not closing early, as a store

73 Inn in France

74 Employs

75 Taper off

76 Gulager of "The Killers"

79 Unblemished

82 Flattop, e.g.

84 Sharp knock

85 Karel Capek sci-fi play

86 Aves.

87 "For — a jolly ..."

89 Voodoo —

90 Hype up

91 Measures of resistance

95 Gallivant
- 98 French "Presto!"

100 Atop, in odes

101 Jewish cry of disgust

102 Architect Saarinen

103 Alehouse

104 Maximally

105 Overly stylish

106 Person camping out, often

108 Foot part

112 "Don't — gift horse in the mouth"

113 Quaking tree

114 Writer Roald and actress Arlene

115 Stalk swelling

116 City south of Dijon

117 "Vive —!" (French cry)

121 Imitator

122 Rick Blaine's love, in film

123 Citi Field

126 Folding bed

127 Old spy org.

128 Lapel insert

129 D.C.'s land

130 Slowing, in music: Abbr.

1	2	3	4	5	6	7	8		9	10	11	12	13		14	15	16	17	18	19
20									21						22					
23									24						25					
26									27						28					
					30	31	32					33	34							
36	37	38							39					40					41	
42									43	44				45	46		47		48	49
50														52		53			54	55
58																			56	57
69	70	71																		
78																				
83																				
92																				
104	105	106																		
111																				
118																				
124																				
131																				
134																				

King Crossword

- ACROSS**

1 Old

5 Always

9 "See ya"

12 Took the bus

13 Anger

14 Legislation

15 Pyrite

17 Anger

18 Implement

19 Makes one's way

21 English composition

24 Behave

25 Cookware

26 Both ways

30 Equal (Pref.)

31 Bichon — (dog breed)

32 "— the fields we go"

33 Reins

35 Metal refuse

36 Actor McGregor

37 How one says "alas"

38 Georgia city

40 Leaves

42 Past

43 Absolute dominance

48 Web address

49 Teeny bit

50 Soon, in verse

51 Pop

52 Vacillate
- 53 Relaxing discipline

54 on the donkey" prop

55 Rams fans?

56 Sauce source

57 Conclusion

58 Grand tale

59 Mediocre

60 Absolutely

61 Church service

62 1982 movie with a 2010 sequel

63 Lubricant

64 Authentic
- 29 Wild party

31 Hollywood's "Talking Mule"

34 Pair

35 Strut about

37 Witness

38 Tennyson poem

39 City of India

40 "— match?"

41 Fine

44 Explanation

45 Yoko of music

46 Journal

47 "CSI" evidence
- DOWN**

1 "Bow-wow!"

2 Sticky stuff

3 Tokyo's old name

4 River-mouth regions

5 Therefore

6 String instrument

7 Right angle

8 Claret, for one

9 "Pin the tail

MAGIC MAZE CHINESE NEW YEAR CUISINE

H W T R O L J G E B Y W U R P
N A K I G G D B Z X V S Q O M
K S W D I N R G E C A Y W U S
I Q E K E S E G N A R O P N L
O Z J K K E T H H K F S E C A
P A O Y A A S X S C V T U S Q
O P G A N C B N M U K E L J H
R F E N I C O B O D Y E Z F Y
K O G U A J L R X L E W I V U
T T U R N I P C A K E S S R Q P
S E L D O O N O M T H M L K I

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bakkwa

Duck

Fish

Jau gok
- Jiaozi

Leek

Lobster

Melon seed
- Nián gáo


Noodles

Pork

Sweets
- Taro cakes

Turnip cakes

Yusheng



"It's my _____ . She had a sudden change of plans over the weekend."

answer on page 31B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Outfit
FISHRUN

Pair
POLEUC

Keep
TRAINE

Pierce
PARSE

TODAY'S WORD

	8	5	1				3	
9				6				8
	2				4	5	7	
		2		3	1			7
1			5			8		
	3			7			9	
2			6					4
		8			2	9		6
7	6			5			1	

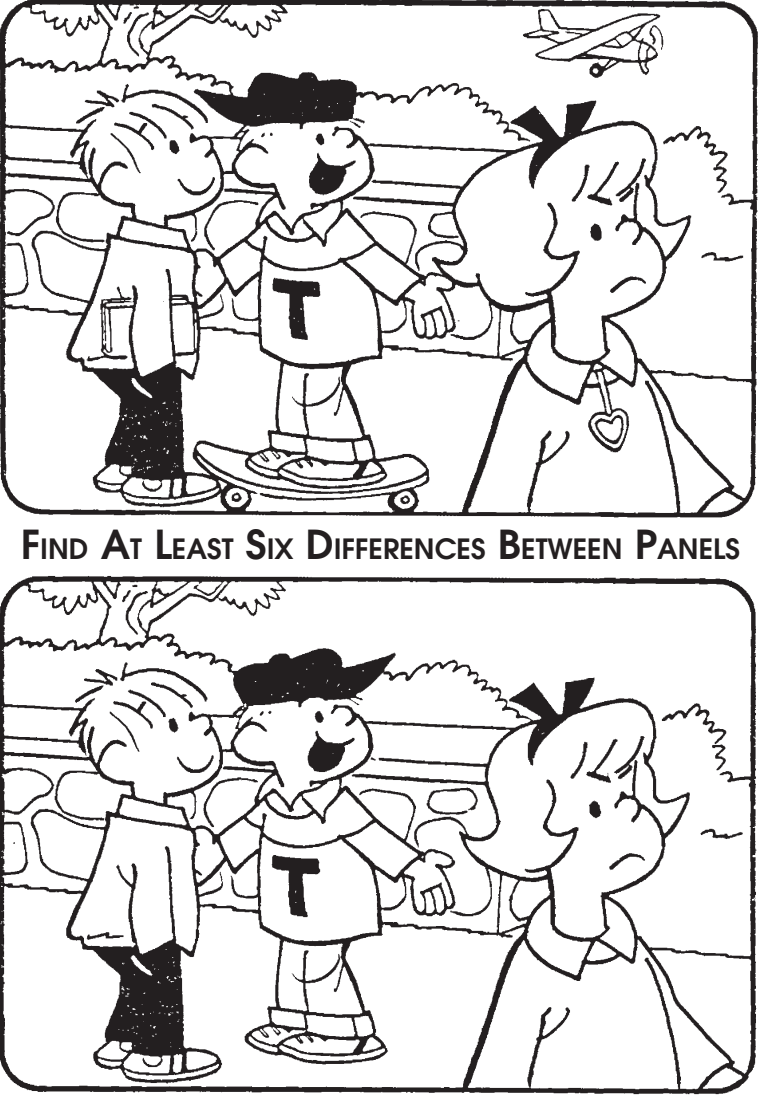
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find At Least Six Differences Between Panels

Differences: 1. Book is missing. 2. Cap is reversed. 3. Skateboard is missing. 4. Airplane is missing. 5. Hair is shorter. 6. Pendant is missing.

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SATURDAY
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High: 83 Low: 76



SUNDAY
Sunny
High: 85 Low: 74



MONDAY
Mostly Sunny
High: 78 Low: 71



TUESDAY
Sunny
High: 77 Low: 70



WEDNESDAY
Mostly Sunny
High: 76 Low: 69



THURSDAY
Mostly Cloudy
High: 75 Low: 68

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	6:35 am	9:02 am	4:02 pm	None	Fri	5:40 am	9:04 am	3:07 pm	None	Fri	5:43 am	10:06 am	3:35 pm	None	Fri	8:45 am	2:14 am	6:12 pm	12:18 pm
Sat	4:54 pm	12:07 am	None	None	Sat	3:59 pm	12:09 am	None	None	Sat	6:55 am	12:03 am	4:36 pm	10:39 am	Sat	7:04 pm	3:23 am	None	None
Sun	6:05 pm	1:23 am	None	None	Sun	5:10 pm	1:25 am	None	None	Sun	8:10 am	1:23 am	6:17 pm	11:25 am	Sun	8:15 pm	4:39 am	None	None
Mon	11:29 am	2:38 am	7:47 pm	1:24 pm	Mon	10:34 am	2:40 am	6:52 pm	1:26 pm	Mon	9:16 am	2:40 am	8:27 pm	2:36 pm	Mon	1:39 pm	5:54 am	9:57 pm	4:40 pm
Tue	11:39 am	3:44 am	9:35 pm	3:34 pm	Tue	10:44 am	3:46 am	8:40 pm	3:36 pm	Tue	10:17 am	3:40 am	9:44 pm	3:47 pm	Tue	1:49 pm	7:00 am	11:45 pm	6:50 pm
Wed	11:57 am	4:37 am	11:00 pm	4:51 pm	Wed	11:02 am	4:39 am	10:05 pm	4:53 pm	Wed	11:09 am	4:33 am	10:57 pm	4:48 pm	Wed	2:07 pm	7:53 am	None	8:07 pm
Thu	12:17 pm	5:21 am	None	5:48 pm	Thu	11:22 am	5:23 am	11:13 pm	5:50 pm	Thu	11:47 am	5:21 am	11:58 pm	5:44 pm	Thu	1:10 am	8:37 am	2:27 pm	9:04 pm

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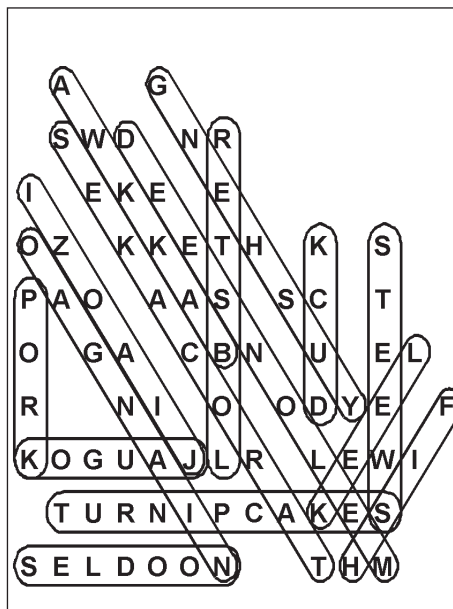
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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9	1	7	3	6	5	2	4	8
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2	5	1	6	9	3	7	8	4
3	4	8	7	1	2	9	5	6
7	6	9	4	5	8	3	1	2

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Wear a helmet

Use lights at night

Always be courteous



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FOR WEEK OF APRIL 23, 2018

Aries (March 21 to April 19) You easily handle your tasks this week, thanks to those high energy levels that never seem to run down. But pace yourself, Lamb, for the demanding week ahead.

Taurus (April 20 to May 20) With the arts dominant this week, you might want to pick up any of those creative projects you've neglected. A workplace situation benefits from some fresh insight.

Gemini (May 21 to June 20) Music helps replenish your energy levels. Stream your playlist if you must. But a live concert could prove more rewarding, especially if you go with that very special someone.

Cancer (June 21 to July 22) Close friends reach out to help perk up your lagging social life. That workplace situation also eases, leaving you time to do more fun things by week's end.

Leo (July 23 to August 22) A revelation clears up that perplexing job-related problem. Some changes will have to be made, which, no doubt, will meet with the Big Cat's roaring approval. Good luck.

Virgo (August 23 to September 22) Reaching out to someone in need is the noble thing to do. But try to restrain the temptation to add a lecture -- no matter how well-intended -- to your good deed.

Libra (September 23 to October 22) There could be another tough challenge to face before the month is over. But all that hard work is winning you lots of important recognition from your peers.

Scorpio (October 23 to November 21) Keeping to your work schedule could prove difficult with all those personal distractions. Best advice: Stay with it. There'll be time later for socializing.

Sagittarius (November 22 to December 21) Jumping hurdles this week might be vexing for most, but not for the sage Sagittarian, who recognizes that meeting a challenge can open up opportunities.

Capricorn (December 22 to January 19) More obstacles might be thrown in your path as you try to finalize a new agreement. But the sure-footed Goat ignores the stumbling blocks and stays the course.

Aquarius (January 20 to February 18) We know the Water Bearer takes pleasure in giving to others. But why not let someone else enjoy the experience too by accepting that offer of help?

Pisces (February 19 to March 20) You

might find that you need to ease up on your hectic schedule this week. Don't fret about it. It could be helpful to take a break and replenish your energy supply.

Born This Week: You have a way of finding practical solutions to complex problems, and you do it with grace.

STRANGE BUT TRUE

- It was Edna St. Vincent Millay, a playwright and the first woman to win the Pulitzer Prize for poetry, who made the following observation: "A person who publishes a book appears willfully in public with his pants down."

- I don't know who studies such things, but those who do say that over the course of a lifetime, you'll probably spend about three years in the restroom.

- Despite numerous arrests and trials, famed 19th-century outlaw Frank James was never convicted of anything and never

went to prison. He died in 1915, at the age of 72, of natural causes.

- In Germany in the 1500s, a court physician by the name of Oswaldt Gabelthouer wrote a medical book full of remedies that he guaranteed would be effective. For insanity, the patient must cut his or her hair close to the head, then tie two halves of a ram's liver to the head. A severe case of epilepsy, he claimed, could be cured if the patient wore the right eye of a wolf and the left eye of a she-wolf on a thong about the neck for three months; also, the patient had to forgo bathing during that time. There's no mention in the record at hand of how a patient would go about redeeming the guarantee.

- When groups of shrimp end up with too few males to sustain the population, some of the females turn into males.

- If someone called you a "mumpsimus," would you be flattered or insulted? It seems that the appropriate

reaction would be to take offense. According to the Merriam-Webster dictionary, a mumpsimus is "a stubborn person who insists on making an error in spite of being shown that it is wrong."

THOUGHT FOR THE DAY

"Calamities are of two kinds: misfortunes to ourselves, and good fortune to others." -- Ambrose Bierce

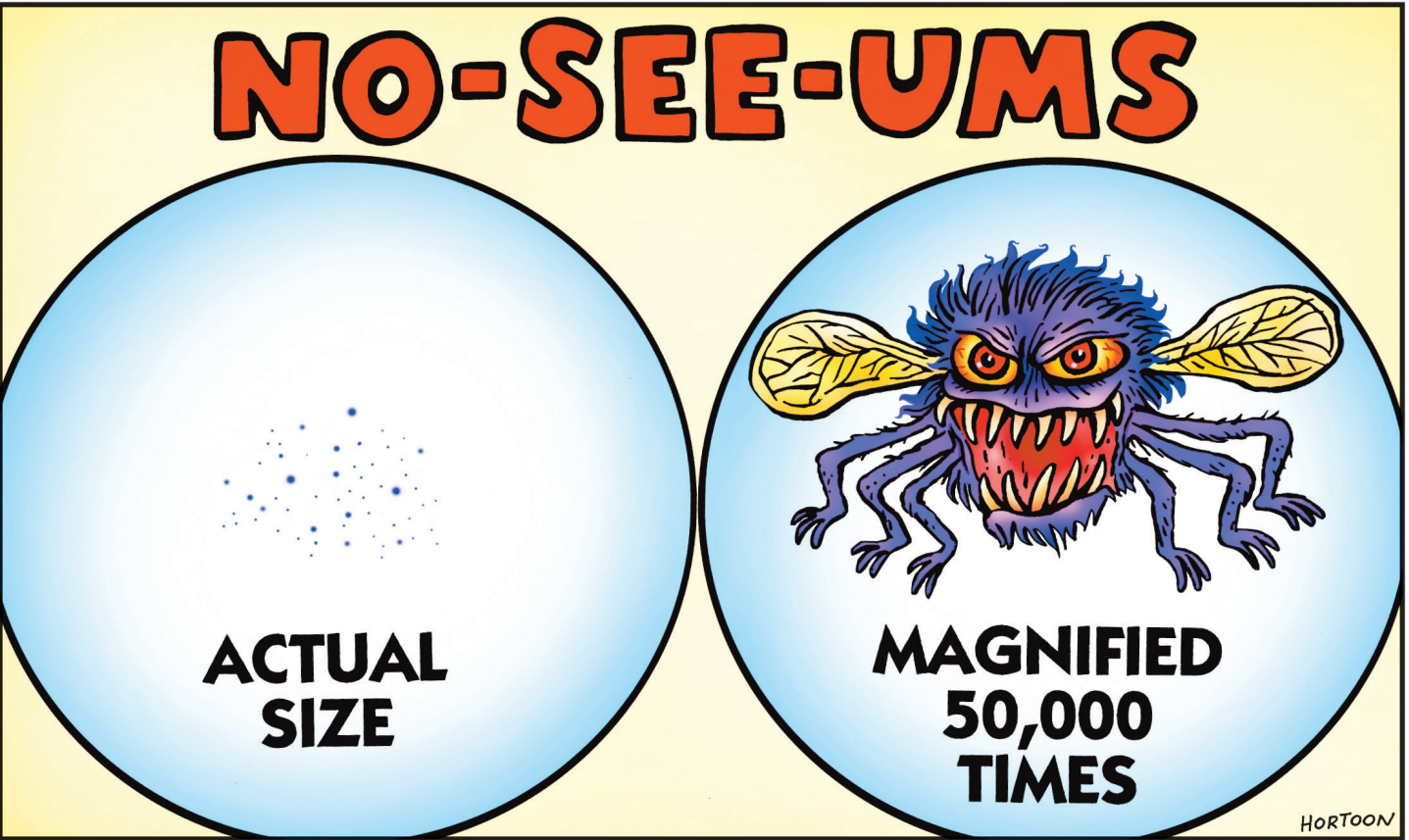
SCRAMBLERS

1. Furnish; 2. Couple;
3. Retain; 4. Spear

Today's Word

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Marina Pointe	Bonita Springs	1997	8,667	\$4,750,000	\$4,500,000	58
Barefoot Beach	Bonita Springs	2000	6,485	\$4,250,000	\$3,775,000	426
Richardsons O L Subd	Sanibel	2000	3,643	\$3,999,000	\$3,675,000	47
Bonita Beach	Bonita Springs	1997	3,175	\$3,499,000	\$3,100,000	74
Bonita Beach	Bonita Springs	1989	1,725	\$2,900,000	\$2,600,000	90
Carolands	Bonita Springs	1990	3,955	\$2,295,000	\$2,100,000	23
Belle Meade	Fort Myers	2007	5,613	\$1,795,000	\$1,500,000	13
Cape Coral	Cape Coral	2010	3,751	\$1,690,000	\$1,527,500	112
Cape Harbour	Cape Coral	2009	3,533	\$1,650,000	\$1,420,000	48
Oakbrook	Estero	2005	3,565	\$1,375,000	\$1,335,000	19



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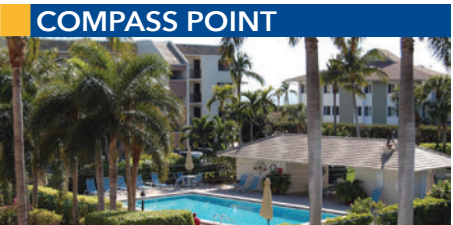
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• Walkout Lanai, Exceptional Rental History
\$899,000 MLS 218013189
Brian Murty 239.565.1272



1299 MIDDLE GULF DR. #232, SANIBEL
• Inviting 2 Bedroom, 2 Bathroom Condo
• Warm Gulf Breezes from Screened Lanai
\$659,000 MLS 218005862
Tracy Walters 239.994.7975



1283 PAR VIEW DR., SANIBEL
• 2 BR, 2 BA, Pool Home, Steps to Beach
• Western Exposure w/Amazing Sunsets
\$574,000 MLS 218016559
Cindy Sitton 239.810.4772



1244 PAR VIEW DR., SANIBEL
• Open Kitchen w/New Appliances & Countertops
• Pool w/Spa, Deeded Beach Access, Ample Storage
\$1,099,000 MLS 218021869
Linda von Wowern, McMurray & Nette 239.223.3382



1401 MIDDLE GULF DR. #N403, SANIBEL
• 2 BR, 2 BA + Den, Penthouse Condo
• Pleasant Sunset Gulf Views from Lanai
\$889,500 MLS 218025477
Cathy Rosario 239.464.2249



1501 MIDDLE GULF DR. #G204, SANIBEL
• Great Gulf View, 2 BR, 2 BA
• Terrific Rental Income, Newer Renovation
\$649,999 MLS 217049018
Brian Murty 239.565.1272



2515/2517 WULFERT RD., SANIBEL
• Vacant Lot Showcasing #14 Green, Lake & Fairway
• Wonderful Southern Exposure
\$259,000 MLS 217063941
McMurray & Nette 239.281.4435



17 BEACH HOMES, CAPTIVA
• 2nd Floor Master Suite w/Waterfront Deck
• Large, Open 4 BR, Exceptionally Maintained
\$3,395,000 MLS 218018805
Fred Newman & Vicki Panico 239.826.2704



2445 W. GULF DR. #E35, SANIBEL
• 3rd Floor Unit w/Stunning Gulf Views
• Popular Complex, Excellent Rental Income
\$1,295,000 MLS 218006573
Andre Arensman 239.233.1414



1655 LAND'S END VILLAGE, CAPTIVA
• Golf Course, Pine Island Sound & Gulf Views
• Large Floor Plan w/Open & Screened Lanais
\$1,095,000 MLS 216031921
Vicki Panico & Fred Newman 239.980.0088



2445 W. GULF DR. #B26, SANIBEL
• Popular Pointe Santo Condo, Weekly Rentals
• Spacious 2nd Floor, 2 BR, Gulf Views
\$759,000 MLS 217071623
Andre Arensman 239.233.1414



1340 MIDDLE GULF DR. #6A, SANIBEL
• 2 BR, 2 BA, Near Beach Condo
• Incredible River Views, Pool, Garage
\$599,000 MLS 218025315
Cindy Sitton 239.810.4772



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